While uncomfortable and draining, most flu symptoms can be treated at home. Help make your child comfortable by:

- Having your child rest and drink plenty of fluids.
- Being sure to use the right amount of medicine for your child’s weight. Check labels—too much acetaminophen (Tylenol or another equivalent store brand) can be fatal.
- Not giving your child cough or cold medicine if age 6 and under. Don’t give cough or cold medicine when also giving fever-reducing medicines.

Do not use any aspirin or aspirin-containing products to treat flu symptoms in babies, kids or teens.

Remember:
It’s never too late to get a flu shot.

choa.org/flu