## Flu-like symptoms?

## What to expect while you're here



## During today's visit your child will:



Be seen by a healthcare professional.



Have his or her symptoms evaluated.



Get a diagnosis based on symptoms. **Not all children will require a flu test.** 



Receive treatment based on the diagnosis. Your child isn't guaranteed to receive antiviral medicines like Tamiflu because they're not beneficial to all children.

## Treatment for pediatric flu is different

- Testing for the flu virus will often be reserved for children who are under age 2, immunocompromised, or have pulmonary or cardiac issues. For these children, a flu test could change the course of treatment.
- Tamiflu carries a risk of side effects. A healthcare professional will determine whether the risks of the medicine outweigh the benefits.
- Cough and cold medicines are not effective for children younger than 6 years old and may cause serious side effects.
- Be sure your child's fever and pain reducer does not contain asprin.



Visit choa.org/flu for more information about flu symptoms, treatment and tips for staying healthy.