Flu-like symptoms?
What to expect while you’re here

During today’s visit your child will:

- Be seen by a healthcare professional.
- Have his or her symptoms evaluated.
- Get a diagnosis based on symptoms. **Not all children will require a flu test.**
- Receive treatment based on the diagnosis. **Your child isn’t guaranteed to receive antiviral medicines like Tamiflu because they’re not beneficial to all children.**

**Treatment for pediatric flu is different**

- Testing for the flu virus will often be reserved for children who are under age 2, immunocompromised, or have pulmonary or cardiac issues. For these children, a flu test could change the course of treatment.
- Tamiflu carries a risk of side effects. A healthcare professional will determine whether the risks of the medicine outweigh the benefits.
- Cough and cold medicines are not effective for children younger than 6 years old and may cause serious side effects.
- Be sure your child’s fever and pain reducer does not contain aspirin.

Visit choa.org/flu for more information about flu symptoms and treatment and tips for staying healthy.

This is general information only and not specific medical advice. Talk with your child's healthcare team about specific care of your child.

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