TREATING THE FLU

- Antibiotics will not help because the flu is a viral infection.
- Have your child drink lots of fluids.
- Use a fever reducer like acetaminophen or ibuprofen. Do not use medicine that contains aspirin.
- For children younger than 6 years old, cough and cold medicines are not effective and may cause serious side effects.

Make sure you and your child get vaccinated every year.

Flu testing will be reserved for children who are at risk for severe infections.

Since Tamiflu carries a risk of side effects, each child will be evaluated for his risk of serious infection against the potential side effects of the antiviral medication.

Visit choa.org/flu to learn more.