

Your child's surgery

Children's at Meridian Mark



Children'sSM
Healthcare of Atlanta
Dedicated to All Better

Before the surgery

A health history is required before your child's surgery. If you have not already done so, visit www.choa.org/mmsurgery or call 404-785-5615 to fill out the form.

- Most patients do not need to be seen at the Outpatient Surgery Center before surgery. Your child's surgeon will let you know if your child needs to visit with him before the surgery.
- You will receive a call one to two days before the surgery to confirm the day and time. It is important to arrive on time to properly prepare for the surgery.
- Remove any jewelry or accessories made of metal from your child's hair. All piercings and body jewelry will need to be removed.
- Remove your child's contact lenses before you arrive.

Helpful hints at home

- Answer your child's questions. Be honest.
- Listen to your child. He may be scared. Let your child know that the surgery is to help him, not punish him.
- If you have concerns, talk to the doctor when your child is not there. Try to do this before the day of the surgery.
- If you can, make day care plans for brothers or sisters on the day of the surgery.

Visit choa.org/mmsurgery for more tips.

Eating and drinking rules

- We will call and tell you what your child can drink before surgery. There is no eating the day of the surgery. Clear fluids such as water, apple juice, Pedialyte or Gatorade can usually be given up to four hours before the surgery.
- Do not give your child anything by mouth after the time you were given for him to stop drinking. This includes water.
- It is important to follow these rules. If you do not, it could put your child's health at risk. Your child's surgery may have to be cancelled and moved to another day.
- No one is allowed to eat or drink in the waiting or pre-op area, including visitors.
- Bring a bottle of juice or formula for your infant or toddler after the surgery.
- There is not a cafeteria in the building. We have vending machines. You can bring snacks from home.

At the surgery center

Going to the Outpatient Surgery Center

- Get here at least one and a half hours before surgery. Arrival times are decided by your child's surgeon.
- A legal guardian has to sign the consent for surgery. Surgery cannot be done if this is not signed.
- Bring your insurance card, a photo I.D. and any paperwork from your child's doctor.
- Bring a list of medicines your child is taking, such as over-the-counter medicine, supplements or herbs.
- Let your child make some choices—what to wear and what to bring (for example, a sippy cup for after the surgery). This will help him feel more in control.
- Bring a special item for your child, such as a favorite toy or blanket. Your child will also get to choose a toy from our toy cupboard, which he can take home after surgery.
- It is important that you eat the day of the surgery. This helps you be at your best for your child.
- Remember: Your child should not eat or drink.
- Smile. Your child will be more relaxed if you are calm.

Anesthesia plan

- Anesthesia is medicine that lets a part of the body, or all of the body, go to sleep before surgery.
- An anesthesiologist is a doctor who gives the sleep medicine to your child.
- An anesthesiologist who is trained to treat children will talk to you about what your child can expect when he is given anesthesia.

During the surgery

You need to stay at the Outpatient Surgery Center during your child's surgery. This way your child's doctor can find you if there are any questions. If your child is between 6 months and 12 years old, one parent may go with him to the operating room, in most cases. Final decisions about being in the operating room will be made the day of the surgery by the anesthesiologist. Sometimes we cannot allow parents into the operating room. For instance, pregnant women cannot be in the operating room.

What to expect after surgery

- Your child may be grumpy or sad. This is normal. Listen and tell him that you understand how he feels.
- Have your child sip liquid. He may feel sick to his stomach. This is normal.
- The nurses will check to make sure your child:
 - Is awake.
 - Can drink and keep down liquids.
 - Is comfortable with his pain medicines.

Additional information

Going home

Your child can go home when he is comfortable, able to drink and your questions have been answered. Your child's surgeon will talk with you after the surgery. Your child's nurse will write down instructions to take care of your child at home. Follow all of these instructions, including those for pain medicine.

Speak up

It is OK if you have questions about your child's surgery. We are here to help you. Do not be afraid to ask us questions or talk to us. We take our time with each child. Sometimes surgeries may not begin on time. If you have questions, talk to a staff member.

Patient's and parents' rights and responsibilities

You should know your child's rights as a patient and your rights and responsibilities as a parent. Visit choa.org/mmsurgery or call 404-785-5615 for a copy. Here is a summary of those rights.

You have the right to:

- Receive respect, emotional support and privacy for health information.
- Have access to resources for your child's care.
- Get details about your child's care that you understand.
- Talk with your child's doctor.
- Understand your child's illness or injury and how we plan to treat him.
- Be free from abuse.
- Take steps to handle complaints.

Patients age 18 and older can make their own care choices. They can also make an advanced directive. This has the patient's wishes about care written down if a patient cannot talk or write.

Your child's doctor may be a part owner of this Outpatient Surgery Center.



Visit choa.org/mmsurgery for more information.

The Surgery Center at Meridian Mark GA license #060256

The Surgery Center at Meridian Mark Plaza LLC is an affiliate of Children's Healthcare of Atlanta. It is a joint venture with Scottish Rite as the majority owner and physician investors as partners. Physicians and affiliated healthcare professionals who perform services at the Surgery Center at Meridian Mark Plaza LLC are independent providers and are not our employees.

Important phone numbers

General information	404-785-5650
Fax	404-785-5610
Presurgery nurse	404-785-5615
Anesthesia billing questions	404-785-5930
Billing	404-785-5589
Insurance	404-785-5466

Directions

Children's at Meridian Mark

5445 Meridian Mark Road NE, Suite 340
Atlanta, GA 30342

Traveling on GA-400 North:

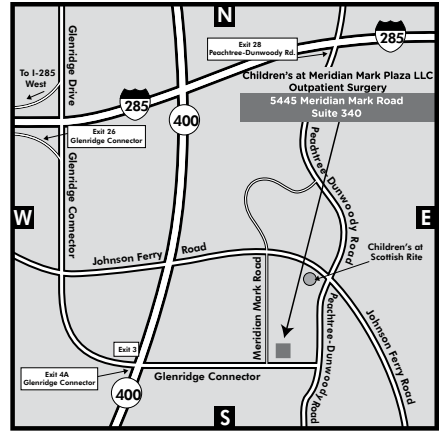
- Exit 4A Glenridge Connector
- Turn right off exit
- At first light, turn left onto Meridian Mark Road
- Make an immediate right turn into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 400

Traveling on GA-400 South:

- Exit 3 Glenridge Connector
- Turn right off exit
- At second light, turn left onto Meridian Mark Road
- Make an immediate right turn into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 400

Parking

You can park in the garage underneath the building. There is a fee for parking. The attendant accepts checks, cash and credit cards.



MAP NOT DRAWN TO SCALE

Traveling on I-285 West:

- Exit 28 Peachtree-Dunwoody Road
- Turn left off exit and go about 0.25 mile
- At light, turn right onto Johnson Ferry Road
- At next traffic light, turn left onto Meridian Mark Road
- Meridian Mark Plaza is the last building on left
- Turn left into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 400

Traveling on I-285 East:

- Exit 26 Glenridge Connector
- Turn right off exit
- At fourth traffic light, turn left onto Meridian Mark Road
- Make immediate right turn into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 400



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