

Your child's surgery

Scottish Rite hospital



Children'sSM
Healthcare of Atlanta

Your child is going to have surgery at Scottish Rite.
Our hospital has:

- A team trained to care for children and teens
- Advanced medical equipment
- Waiting areas that are child-friendly

Before the surgery

- You must fill out a pre-anesthesia health form. Do this within the next 24 hours. Visit choa.org/srsurgery or call **404-785-4664** for more information.
- Most patients do not need to be seen before surgery. We will let you know if your child needs a pre-op visit.
- A nurse will call you one to two days before the surgery to confirm the day and time. It is important to arrive on time to properly prepare for the surgery.
- Remove any jewelry or accessories made of metal from your child's hair. All piercings and body jewelry will need to be removed.
- Bathe your child the night before surgery with soap and water. Wash your child's hair with shampoo. Do not use baby oil, moisturizers or lotions. Dress your child in clean pajamas.
- Wash any comfort items, such as a blanket or stuffed toy, that may be coming with your child to the hospital.

Helpful hints at home

- Answer your child's questions. Be honest.
- Listen to your child. He may be scared. Let your child know the surgery is to help him, not punish him.
- Talk to the doctor about your concerns when your child is not there. Try to do this before the day of the surgery.
- If you can, make day care plans for brothers or sisters for the day of the surgery.
- Visit choa.org/surgery for more tips.

Anesthesia plan

- Anesthesia is medicine that helps part or all of the body go to sleep for surgery.

- An anesthesiologist is a doctor who gives the sleep medicine to your child.
- An anesthesiologist who is trained to treat children will talk to you about caring for your child before he goes into the operating room.

Eating and drinking rules

- A nurse will call and tell you what your child can drink and eat before surgery.
- Do not give your child anything by mouth after the time you were given to stop eating and drinking, including gum, hard candy or a sip of water.

If you do not follow these rules, it puts your child's health at risk. Your child's surgery will be moved to another day if you do not follow these rules.

Going to the hospital for surgery

- Get here two hours before surgery. We will let you know if you need to be earlier.
- A legal guardian has to sign consent forms for both the doctor and hospital. Surgery cannot be done if these are not signed.
- Bring your insurance card, a photo ID and any paperwork from your child's doctor.
- Bring a list of medicines your child takes, including over-the-counter medicine, supplements and herbs.
- Bring a special item to comfort your child, such as a favorite toy or blanket.
- Let your child make some choices about what to wear and what to bring (for example, a sippy cup for after the surgery). This will help him feel in control.
- Eat the day of the surgery. This helps you be at your best for your child. Remember, your child should not eat or drink.
- Smile. Your child will be more relaxed if you are calm.
- Child life specialists can help if you or your child is feeling anxious.

During the surgery

You need to stay at Scottish Rite during your child's surgery. This way your child's doctor can find you if there are any questions.

Speak up

It is OK if you have questions about your child's surgery. We are here to help you. Do not be afraid to ask questions or talk to us.

What to expect after surgery

- The nurse will check to make sure your child:
 - Is awake.
 - Can drink and keep down liquids.
 - Is comfortable with his pain medicine. Follow the pain medicine directions given to you by your child's doctor.
- Have your child sip liquid or chew ice chips. He may feel sick to his stomach. This is normal.
- Your child may be grumpy or sad. This is also normal. Listen and tell him you understand how he feels.

Going home

Your child can go home when he is comfortable, able to drink and your questions have been answered.

Important phone numbers

General information 404-785-2555	Insurance 404-785-5479
Children's pre-anesthesia clinic 404-785-2380	Presurgery nurse 404-785-4664
Anesthesia billing questions 404-785-5930	

Directions

- Visit choa.org/locations for door-to-door maps and directions.
- If you are using GPS, be sure to enter Atlanta as the city and 30342 as the ZIP code.
- Free shuttle service is available between Visitor Parking and various hospital entrances, the Children's Medical Office Building, Day Rehabilitation and Meridian Mark Plaza.
- Valet service is available Monday through Friday, 6 a.m. to 8 p.m., for \$4 at the hospital main entrance. For the Emergency Department, free valet service is available 24 hours a day.



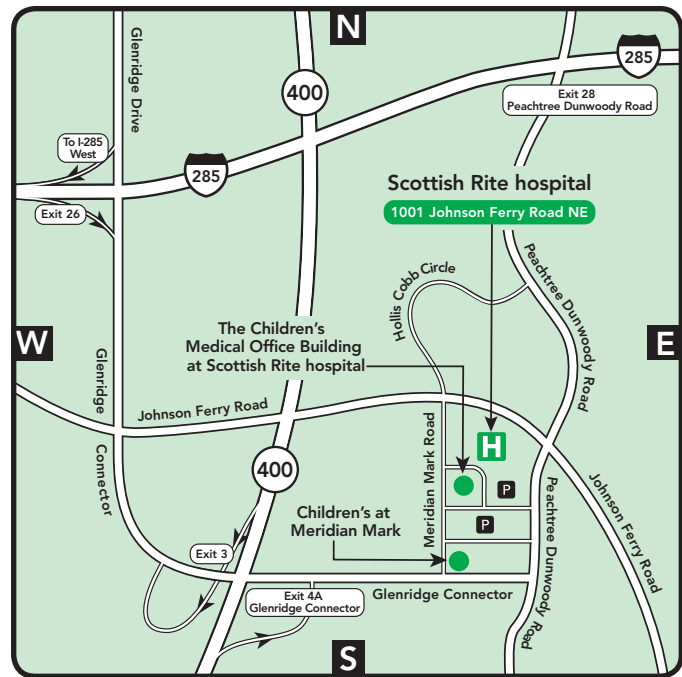
404-785-2555



choa.org/srsurgery

Some physicians and affiliated healthcare professionals on the Children's Healthcare of Atlanta team are independent providers and are not our employees.

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map not drawn to scale

Scottish Rite

1001 Johnson Ferry Road NE
Atlanta, GA 30342

Traveling on I-285 East

- Take Exit 26 (Glenridge Drive) (0.3 miles)
- Turn right onto Glenridge Drive (less than 0.1 mile)
- Turn left onto Johnson Ferry Road (0.4 miles)
- Turn right onto Meridian Mark Road (0.4 miles)
- The main entrance to the hospital is on the left
- Follow the signs for Visitor Parking

Traveling on I-285 West

- Take Exit 28 (Peachtree Dunwoody Road) (0.2 miles)
- Turn left onto Peachtree Dunwoody Road (less than 0.1 miles)
- Turn right onto Johnson Ferry Road (0.5 miles)
- Turn left onto Meridian Mark Road (less than 0.2 miles)
- The main entrance to the hospital is on the left
- Follow the signs to Visitor Parking

Traveling on GA-400 North

- Take Exit 4A (Glenridge Connector) (0.3 miles)
- Turn right onto Glenridge Connector (0.5 miles)
- Turn left onto Meridian Mark Road (less than 0.2 miles)
- The main entrance to the hospital is on the right
- Follow the signs to Visitor Parking

Traveling on GA-400 South

- Take Exit 3 (Glenridge Connector) (0.5 miles)
- Turn right onto Glenridge Connector (0.5 miles)
- Turn left onto Meridian Mark Road (0.2 miles)
- The main entrance to the hospital is on the right
- Follow the signs to Visitor Parking