

Your child's surgery



Children'sSM
Healthcare of Atlanta

Egleston

Your child is going to have day surgery at Egleston. Our hospital has:

- A team trained to care for children and teens
- Advanced medical equipment
- Child-friendly waiting areas

Before the surgery

- You must fill out a pre-anesthesia health form. Do this online prior to surgery at choa.org/eglsurgery or call 404-785-6712.
- Most patients do not need to be seen before surgery. We will let you know if your child needs to visit the pre-op clinic.
- **A nurse will call you one day before the surgery to confirm the time of surgery.** It's important to arrive when instructed so we can properly prepare for the surgery.
- Remove any jewelry or accessories made of metal from your child's hair. All piercings and body jewelry will also need to be removed.
- Bathe your child the night before surgery with soap and water. Wash your child's hair with shampoo. Do not use any baby oil, moisturizers, lotions, body powder or makeup. Dress your child in clean pajamas.
- Wash any comfort items such as a blanket or stuffed toy that may be coming along with your child to the hospital.

Helpful hints at home

- Answer your child's questions. Be honest.
- Listen to your child. He may be scared. Let your child know that the surgery is to help him, not punish him.
- If you have concerns, talk to the doctor when your child is not there. Try to do this before the day of the surgery.
- We have limited space in our waiting room. Please make daycare plans for siblings on the day of the surgery.
- Visit choa.org/surgery for more tips.

Anesthesia plan

- Anesthesia is medicine that lets a part of the body, or all of the body, go to sleep for a surgery.

- An anesthesiologist is a doctor who gives the sleep medicine to your child.
- An anesthesiologist who is trained to treat children will talk to you about caring for your child before he goes into the operating room.

Eating and drinking rules

- A nurse will call the **day before surgery** and tell you what your child can drink and eat before surgery.
- Do not give anything by mouth to your child after the time you were given to stop eating and drinking, including gum, hard candy or a sip of water.

It is important to follow these rules. If you do not, it could put your child's health at risk. Your child's surgery will be moved to another day if you do not follow these rules.

Going to the hospital for surgery

- Arrive two to three hours before the scheduled surgery. A legal guardian has to sign both doctor and surgery center consent forms. Surgery cannot be done if these are not signed.
- Bring your insurance card, a photo ID and any paperwork from your child's doctor.
- Bring a list of medicines your child is taking and the dosage, including over-the-counter medicine, supplements or herbs.
- Bring any special or important equipment, such as a ventilator and any charging devices for the equipment.
- Bring a special item for your child, such as a favorite toy or blanket.
- Let your child make some choices—what to wear and what to bring (for example, a sippy cup for after the surgery). This will help him feel more in control.
- It is important that you eat on the day of the surgery. This helps you be at your best for your child. Remember: Your child should not eat or drink.
- Smile. Your child will be more relaxed if you are calm.
- Child life specialists can help if you or your child is feeling anxious.

During the surgery

You need to remain at Egleston during your child's surgery. This way your child's doctor can find you if there are any questions.

Speak up

It is OK if you have questions or do not understand something about your child's surgery. We are here to help you. Do not be afraid to ask us questions or talk to us.

What to expect after surgery

- The nurses will check to make sure your child:
 - Is awake.
 - Is comfortable with his pain medicines.
- Follow the pain medicine directions given to you by your child's surgeon.
- Have your child sip liquid or chew ice chips. He may feel sick to his stomach. This is normal.
- Your child may be grumpy or sad. This is also normal. Listen and tell him that you understand how he feels.

Going home

Your child can go home when he is awake, comfortable and your questions have been answered. Once your child is at home, call your surgeon with any questions. Refer to the phone number on your discharge instructions.

Important phone numbers

Presurgery nurse 404-785-6712	Day surgery 404-785-6725
Pre-op clinic 404-785-6711	Insurance 404-785-5589
Spanish line 404-785-6707	

(Hours are 9 a.m. to 3 p.m. Monday to Friday. Calls received after 3 p.m. will be returned the next business day.)

Visit choa.org/eglsurgery for more information.

Directions

Take the Flower Elevators to Day Surgery on the third floor. Visit choa.org/locations for door-to-door maps and directions.

Egleston

1405 Clifton Road NE
Atlanta, GA 30322



404-785-6712



choa.org/eglsurgery



MAP NOT DRAWN TO SCALE

Traveling on I-85 North

- Take Exit 89 (North Druid Hills Road)
- Turn right onto North Druid Hills Road (0.4 miles)
- Turn right onto Briarcliff Road (1.7 miles)
- Turn left onto Clifton Road NE and pass the Emergency Department entrance (1.6 miles)
- Turn left onto Uppergate Drive (0.3 miles)
- Follow the signs to Visitor Parking

Traveling on I-85 South

- Take Exit 89 (North Druid Hills Road)
- Turn left onto North Druid Hills Road (0.6 miles)
- Turn right onto Briarcliff Road (1.7 miles)
- Turn left onto Clifton Road NE and pass the Emergency Department entrance (1.6 miles)
- Turn left onto Uppergate Drive (0.3 miles)
- Follow the signs to Visitor Parking

MARTA Rail* and CCTMA Bus**

- From the East-West rail line, exit the train at the E6 (Decatur) station
- Go down the stairs and follow the signs to Swanton Way
- Take the CCTMA bus to Egleston

MARTA Bus*

- Bus 6 (Emory) and Bus 245 (Express) stop in front of Emory University Hospital on Clifton Road NE, across from Egleston

* Metropolitan Atlanta Rapid Transit Authority itsmarta.org

**Clifton Corridor Transportation Management Association cctma.com

Some physicians and affiliated healthcare professionals on the Children's Healthcare of Atlanta team are independent providers and are not our employees.