Questions to ask

When selecting a rehabilitation treatment program

There are many factors to consider when deciding where to send your child for inpatient rehab services. Some of those factors will be specific to your child’s injury and your family’s needs. However, many important questions apply to all rehab patients.

Here are some questions you should ask before choosing rehab services:

1. Is the facility accredited by Commission on Accreditation of Rehabilitation Facilities (CARF)?
   - Children’s: Yes
   - Other facility: Yes

2. Is the facility a full-service hospital with emergency services?
   - Children’s: Yes
   - Other facility: Yes

3. Does the facility provide access to care from pediatric and multispecialty physicians?
   - Children’s: Yes
   - Other facility: Yes

4. Does the rehab team include board-certified pediatric physiatrists?
   - Children’s: Yes
   - Other facility: Yes

5. What is the caseload size for nursing and therapy staff?
   - The Children’s therapy staff: 6:1
   - Other facility’s therapy staff: ________________________________
   - The Children’s nursing staff: 4:1
   - Other facility’s nursing staff: ________________________________
   - The Children’s nursing staff for ventilator patients: 3:1
   - Other facility’s nursing staff for ventilator patients: ________________________________

6. What is the therapy treatment schedule for weekdays and weekends?
   - Children’s: A minimum 3 hours per day of therapy and activity each day, increasing as your child improves, seven days a week
   - Other facility: ________________________________
7. Are there support groups for families, caregivers and siblings?
   Children’s: ☑ Yes, through child life, chaplaincy, peer mentors and more
   Other facility: _______________________________________________________

8. Does the facility emphasize the role of the family in treatment?
   Children’s: ☑ Yes
   Other facility: ☐ Yes ☐ No

9. Are family members allowed to stay overnight in the room with the patient?
   Children’s: ☑ Yes
   How many? 2 adults
   Other facility: ☐ Yes ☐ No
   How many?___________

10. Does the rehab program have 24-hour respiratory therapists to care for the patient?
    Children’s: ☑ Yes
    Other facility: ☐ Yes ☐ No

Your evaluator is: ________________________
Phone: _________________________________

Visit choa.org/rehab for more information.