

B.R.A.I.N. Program



Bringing rehabilitation and injury recovery to new levels

Children's Healthcare of Atlanta offers an intensive, two-week summer program for teenagers with acquired brain injuries (ABI). This experience is designed to address teens' needs for transition to adulthood. Key skills for adult transition will be addressed, including goal setting, connection to resources, self-management, health and wellness.

Participants will receive a personalized assessment of their progress toward their post-high school career goals. Peer coaches and interns from local universities are an integral part of the program and contribute to increased social interaction opportunities for participants.

The program curriculum includes:

- Goal-setting and problem-solving skill training
- Training on *7 Habits of Highly Effective Teens*
- A vocational interest survey, resume development, and job or college interview experience
- A fitness evaluation and personalized program
- Communication skills training
- Use of technology for self management
- Information on our Driver Rehabilitation Program
- Parent and caregiver information
- Post program follow-up

To be eligible for participation, patients must:

- Have a diagnosis of ABI
- Between the ages of 14 and 21
- Have transportation to and from the program each day

Program Coordinators: Jason Amos, M.Ed., CCC-SLP

For more information and to enroll, contact Jason Amos at Jason.Amos@choa.org. Visit choa.org/rehab for more information our brain injury services.