

# Overnight Camp Schedule

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## Typical Schedule for a Camper:

8 a.m. to 8:15 a.m.	Flagpole & Morning Medications
8:15 a.m.	Breakfast
9 a.m. to 9:15 a.m.	Spirit Time
9:15 a.m. to 11:45 a.m.	Discovery Programming
11:45 a.m. to 1 p.m.	Lunch
1 p.m. to 2 p.m.	Rest Hour
2:15 p.m. to 3:15 p.m.	Pool
3:15 p.m. to 4 p.m.	Snack
4 p.m. to 5 p.m.	Therapeutics
6:15 p.m. to 7:30 p.m.	Dinner
7:30 p.m. to 8 p.m.	Evening Programming
9 p.m. to 10 p.m.	Medications, get ready for bed
10 p.m.	Lights Out