

Mastering Virtual Learning after Concussion Program



Children'sSM
Healthcare of Atlanta

What is the Mastering Virtual Learning program?

Mastering Virtual Learning is a program that supports children and adolescents (ages 8-18) who are diagnosed with concussion and transitioning to virtual learning during the ongoing COVID-19 pandemic. The goal of this program is to help patients and their parents navigate the demands of virtual learning by improving academic skills (e.g., planning, organization) and learning coping strategies for symptom and stress management. Sessions will be led by pediatric psychologist, Dr. Laura Wright, PhD, through the Department of Neuropsychology.

What is involved in the Mastering Virtual Learning program?

- An initial diagnostic interview will be completed to assess each patient's needs.
- Following the initial visit, patients will participate in 5-10 one-hour sessions on a weekly or biweekly basis. Parent training sessions may also be incorporated as needed.

Treatment components may include any of the following:

- Academic goal-setting
- Creating a routine/daily schedule
- Pacing academic activities
- Organization of school materials
- Homework/assignment monitoring
- Planning and time management
- Collaboration with schools to establish accommodations and supports
- Behavioral reinforcement for implementing skills and strategies
- Improving cognitive performance with healthy lifestyle habits
- Coping skills for symptom and stress management

Referrals

- Send an Epic referral to the Department of Neuropsychology directed to Dr. Wright
- Contact the Department of Neuropsychology at **404-785-2520**
- For additional information, email Dr. Wright directly at **Laura.Wright@choa.org**