

# 2019 Kids at Heart Family Dinners

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**Children's**<sup>SM</sup>  
Healthcare of Atlanta

## Family Dinner Calendar 2019\*

Kids at Heart Family Dinners are open to Kids at Heart members and patient families on the Cardiac Stepdown Unit or the Cardiac Intensive Care Unit (CICU). Through the monthly dinners, hospitalized cardiac patients and their family members are able to:

- Connect with other families who have faced similar situations.
- Learn about helpful resources and information through a brief presentation.
- Enjoy dinner with the group, provided free of charge.

The dinners are held on the fourth Tuesday of each month, unless otherwise indicated, at Egleston's first floor conference center, classroom 5, at 6:00 p.m. No RSVP is necessary.

Please note that the Kids at Heart Monthly Family Dinners are for cardiac patients and families only. For more information, email [alison.mueller@choa.org](mailto:alison.mueller@choa.org) or call **404-785-6109**.

### January 22

#### **Learn about Camp Braveheart**

*Camp Braveheart Director, past campers, camp nurses*

### February 27

#### **Financial Resources and Aspects for your CHD Child**

*SHCC Financial Team*

**March 27**

**CHD and School Related Issues**

*Dina Josephson, Cardiac School Teacher*

**April 23**

**Words of Wisdom from “Momma Phyll”**

*Phyllis Marchant, RN*

**May 28**

**Therapeutic Fun: Hospital Clowning with Humorology Atlanta, HA!**

**June 25**

**CHD and Mental Illness**

*Nneka Alexander, PhD & Dawn Ilardi, PHD*

**July 23**

**How to take Care of yourself when your Child is in the ICU**

*Melissa Hallman MSN, RN, CCRN-P*

*Cardiac ICU- Egleston*

**August 27**

**Single Ventricle Program and other Cardiothoracic Surgery News**

**September 24**

**Art for the Heart!**

*Join our artist in residence Margaret for some fun art activities and learn about the healing power of Art!*

**October 24**

**Heart Sounds and Heart Murmurs**

*Robert Campbell, MD*

**\*Topics and Dates are subject to change!**

