

## To make a physical therapy referral:

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- Give your patient an order for physical therapy evaluation and treatment. Visit [choa.org/forms](https://choa.org/forms) to request our order pads and in-services.
- Direct the parent to [choa.org/sportsregistration](https://choa.org/sportsregistration) to register for an appointment online. Once the information is submitted, a Children's staff member will contact the patient to schedule an appointment and answer any questions.



Visit [choa.org/sportsmedlocations](https://choa.org/sportsmedlocations) for a list of locations and contact information.



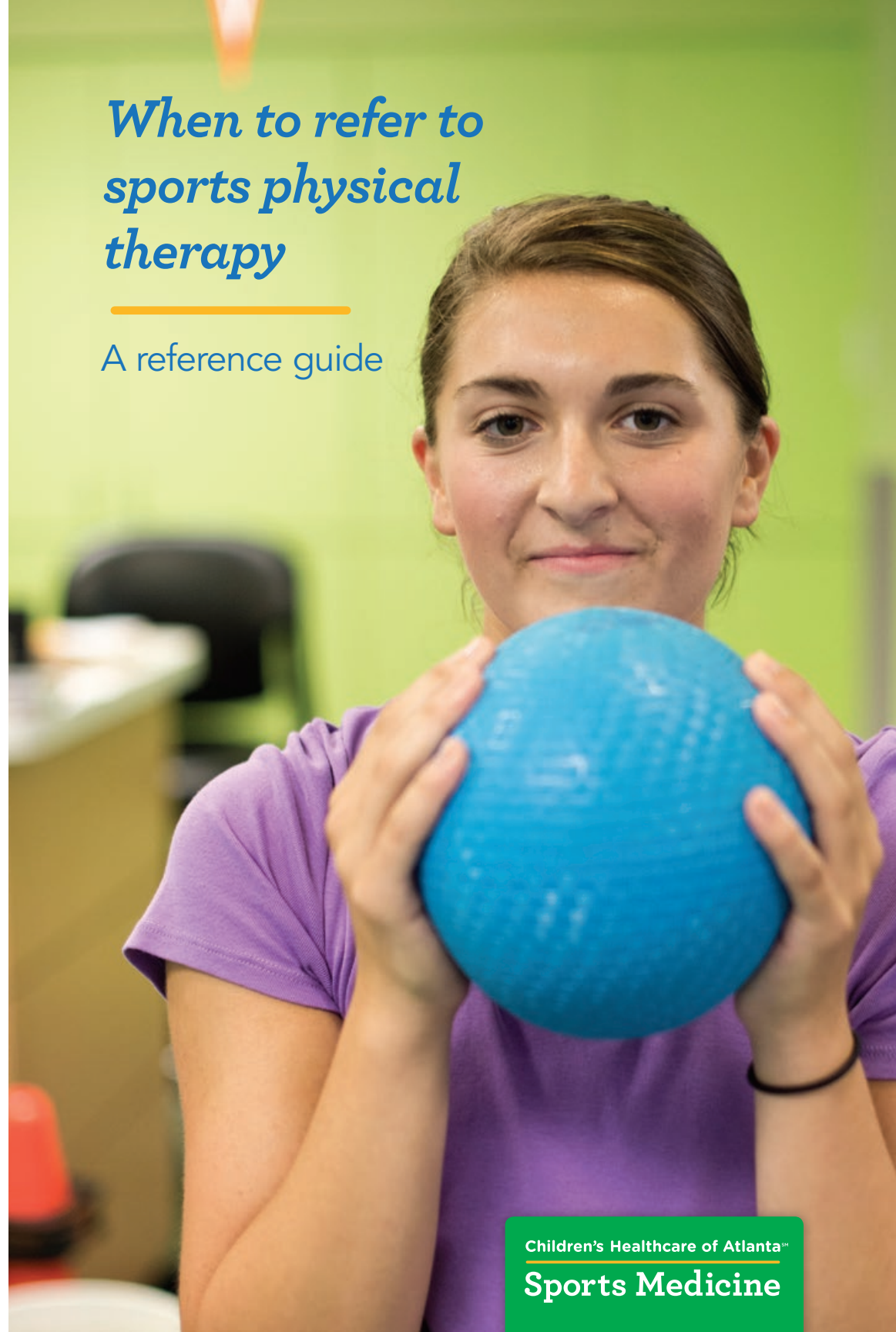
**Children's**<sup>SM</sup>  
Healthcare of Atlanta

[choa.org/sportsmed](https://choa.org/sportsmed)

## When to refer to sports physical therapy

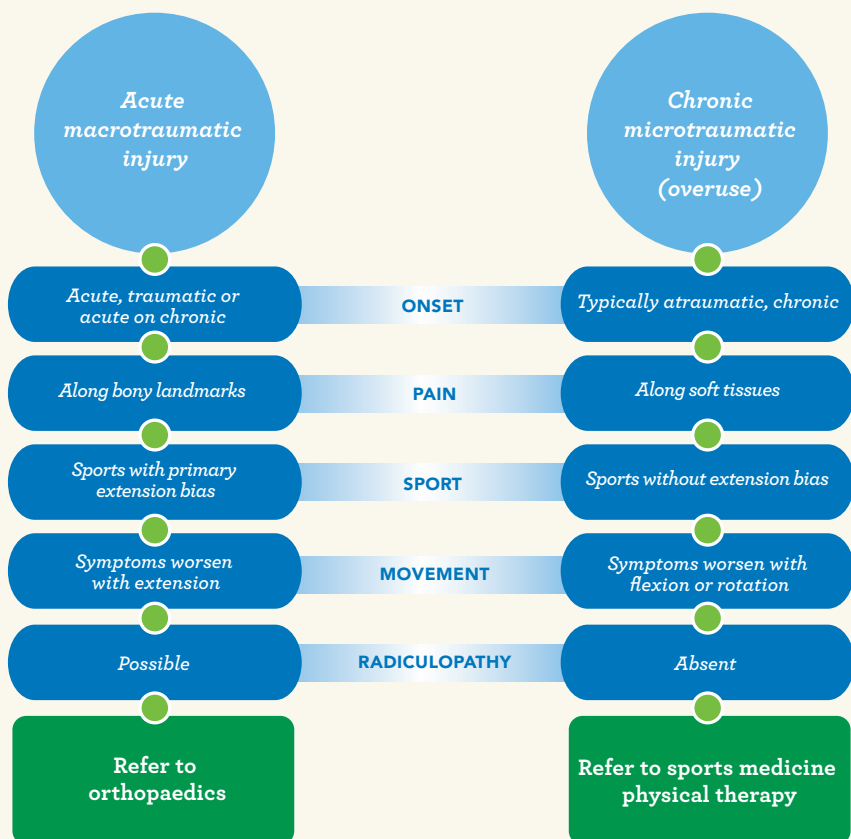
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A reference guide

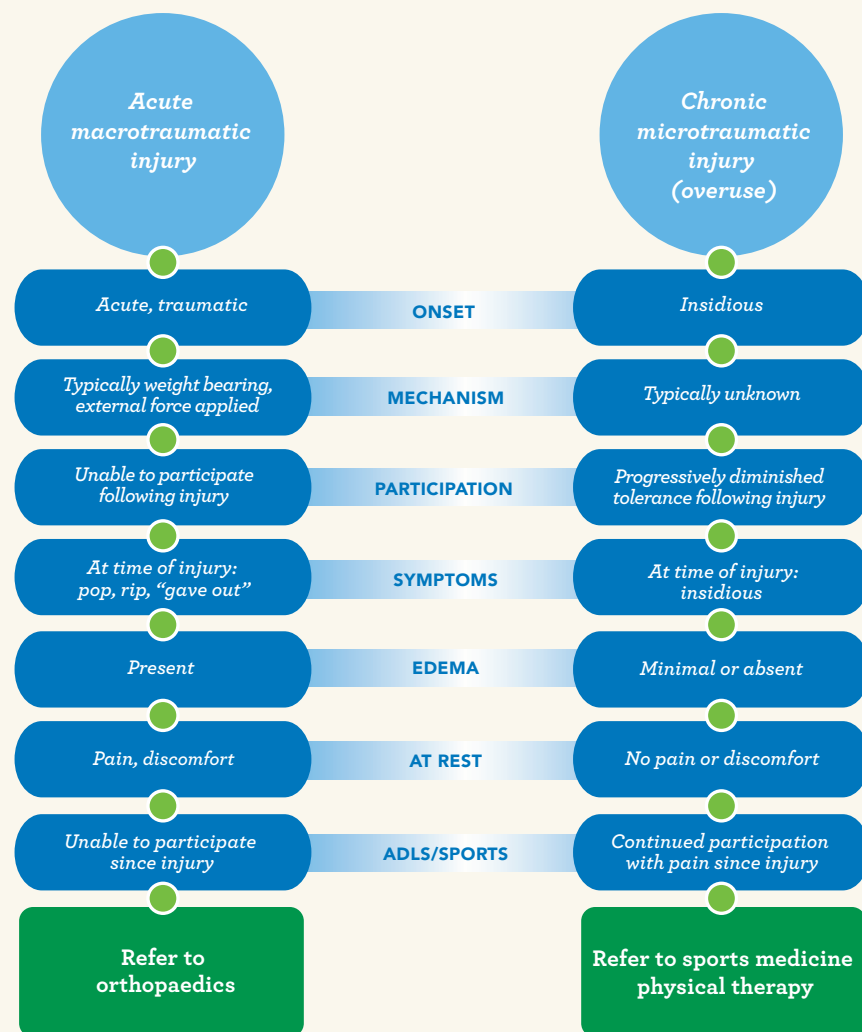


These guidelines are intended to support your clinical referral decisions to either orthopaedic physicians or sports medicine physical therapy. Follow the center categories and choose the appropriate corresponding column based on your patient's case history. If the majority of responses fall in the acute macrotraumatic injury column, the patient should be referred to an orthopaedic physician. Conversely, if most responses fall in the chronic microtraumatic injury column, the patient may be referred directly to sports medicine physical therapy.

## Back pain cervical/thoracic and lumbar/pelvic



## Extremity pain upper/lower extremity



If your patient has an emergency or life threatening condition, stop and call 911 or send him to the closest hospital emergency department.