

# Sports Medicine ICD-10 documentation

## Seven key impacts to ICD-10 documentation

1. Disease or disorder site
2. Acuity and/or encounter status of treatment
3. Etiology, causative agent, or disease type and injury/  
poisoning cause, intent, activity at the time of the event  
and place event occurred
4. Underlying and associated conditions
5. Manifestations
6. Complications or adverse events
7. Supporting info such as lab values or socioeconomic key  
impacts to ICD-10 documentation

## Most commonly used diagnoses

ICD-9 Name	ICD-9 Code	ICD-10 Code	ICD-10 Name	Documentation tips
Abnormality of gait	<b>781.2</b>	<b>R26.0</b>	Ataxic gait	<b>Abnormality of gait</b> Identify condition as: <ul style="list-style-type: none"> <li>• Ataxic gait</li> <li>• Paralytic gait</li> <li>• Unsteadiness on feet</li> <li>• Other or unspecified abnormalities of gait and mobility</li> </ul>
		<b>R26.1</b>	Paralytic gait	
		<b>R26.81</b>	Unsteadiness on feet	
		<b>R26.89</b>	Other abnormalities of gait and mobility	
		<b>R26.9</b>	Unspecified abnormalities of gait and mobility	
Achilles bursitis or tendinitis	<b>726.71</b>	<b>M76.60</b>	Achilles tendinitis, unspecified leg	<ul style="list-style-type: none"> <li>• Identify location (upper extremity, lower extremity) and site</li> <li>• Specify laterality (right, left, bilateral)</li> </ul>
		<b>M76.61</b>	Achilles tendinitis, right leg	
		<b>M76.62</b>	Achilles tendinitis, left leg	
Acquired musculoskeletal deformity of other specified site	<b>738.8</b>	<b>M95.8</b>	Other specified acquired deformities of musculoskeletal system	
		<b>M99.86</b>	Other biomechanical lesions of lower extremity	
		<b>M99.87</b>	Other biomechanical lesions of upper extremity	
		<b>M99.89</b>	Other biomechanical lesions of abdomen and other regions	
Backache, unspecified	<b>724.5</b>	<b>M54.89</b>	Other dorsalgia	
		<b>M54.9</b>	Dorsalgia, unspecified	



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Enthesopathy of hip region	<b>726.5</b>	<b>M25.751</b>	Osteophyte, right hip			
		<b>M25.752</b>	Osteophyte, left hip			
		<b>M25.759</b>	Osteophyte, unspecified hip			
		<b>M70.60</b>	Trochanteric bursitis, unspecified hip			
		<b>M70.61</b>	Trochanteric bursitis, right hip			
		<b>M70.62</b>	Trochanteric bursitis, left hip			
		<b>M70.70</b>	Other bursitis of hip, unspecified hip			
		<b>M70.71</b>	Other bursitis of hip, right hip			
		<b>M70.72</b>	Other bursitis of hip, left hip			
		<b>M76.00</b>	Gluteal tendinitis, unspecified hip			
		<b>M76.01</b>	Gluteal tendinitis, right hip			
		<b>M76.02</b>	Gluteal tendinitis, left hip			
		<b>M76.10</b>	Psoas tendinitis, unspecified hip			
		<b>M76.11</b>	Psoas tendinitis, right hip			
		<b>M76.12</b>	Psoas tendinitis, left hip			
		Juvenile osteochondrosis of foot	<b>732.5</b>		<b>M92.60</b>	Juvenile osteochondrosis of tarsus, unspecified ankle
					<b>M92.61</b>	Juvenile osteochondrosis of tarsus, right ankle
<b>M92.62</b>	Juvenile osteochondrosis of tarsus, left ankle					
<b>M92.70</b>	Juvenile osteochondrosis of metatarsus, unspecified foot					
<b>M92.71</b>	Juvenile osteochondrosis of metatarsus, right foot					
<b>M92.72</b>	Juvenile osteochondrosis of metatarsus, left foot					
Juvenile osteochondrosis of lower extremity, excluding foot	<b>732.4</b>	<b>M92.40</b>	Juvenile osteochondrosis of patella, unspecified knee			
		<b>M92.41</b>	Juvenile osteochondrosis of patella, right knee			
		<b>M92.42</b>	Juvenile osteochondrosis of patella, left knee			
		<b>M92.50</b>	Juvenile osteochondrosis of tibia and fibula, unspecified leg			
		<b>M92.51</b>	Juvenile osteochondrosis of tibia and fibula, right leg			
		<b>M92.52</b>	Juvenile osteochondrosis of tibia and fibula, left leg			

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Lumbago	<b>724.2</b>	<b>M54.5</b>	Low back pain	
Muscle weakness (generalized)	<b>728.87</b>	<b>M62.81</b>	Muscle weakness (generalized)	
Other enthesopathy of ankle and tarsus	<b>726.79</b>	<b>M76.70</b>	Peroneal tendinitis, unspecified leg	
		<b>M76.71</b>	Peroneal tendinitis, right leg	
		<b>M76.72</b>	Peroneal tendinitis, left leg	
		<b>M77.50</b>	Other enthesopathy of unspecified foot	
		<b>M77.51</b>	Other enthesopathy of right foot	
		<b>M77.52</b>	Other enthesopathy of left foot	
Other joint derangement, not elsewhere classified, involving ankle and foot	<b>718.87</b>	<b>M24.871</b>	Other specific joint derangements of right ankle, not elsewhere classified	
		<b>M24.872</b>	Other specific joint derangements of left ankle, not elsewhere classified	
		<b>M24.873</b>	Other specific joint derangements of unspecified ankle, not elsewhere classified	
		<b>M24.874</b>	Other specific joint derangements of right foot, not elsewhere classified	
		<b>M24.875</b>	Other specific joint derangements left foot, not elsewhere classified	
		<b>M24.876</b>	Other specific joint derangements of unspecified foot, not elsewhere classified	
		<b>M25.271</b>	Flail joint, right ankle and foot	
		<b>M25.272</b>	Flail joint, left ankle and foot	
		<b>M25.279</b>	Flail joint, unspecified ankle and foot	
		<b>M25.371</b>	Other instability, right ankle	
		<b>M25.372</b>	Other instability, left ankle	
		<b>M25.373</b>	Other instability, unspecified ankle	
		<b>M25.374</b>	Other instability, right foot	
		<b>M25.375</b>	Other instability, left foot	
<b>M25.376</b>	Other instability, unspecified foot			
Other joint derangement, not elsewhere classified, involving lower leg	<b>718.86</b>	<b>M23.50</b>	Chronic instability of knee, unspecified knee	
		<b>M23.51</b>	Chronic instability of knee, right knee	
		<b>M23.52</b>	Chronic instability of knee, left knee	
		<b>M23.8x1</b>	Other internal derangements of right knee	
		<b>M23.8x2</b>	Other internal derangements of left knee	
		<b>M23.8x9</b>	Other internal derangements of unspecified knee	
		<b>M25.261</b>	Flail joint, right knee	
		<b>M25.262</b>	Flail joint, left knee	
		<b>M25.269</b>	Flail joint, unspecified knee	
		<b>M25.361</b>	Other instability, right knee	
		<b>M25.362</b>	Other instability, left knee	
<b>M25.369</b>	Other instability, unspecified knee			

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Other joint derangement, not elsewhere classified, involving shoulder region	<b>718.81</b>	<b>M24.811</b>	Other specific joint derangements of right shoulder, not elsewhere classified	
		<b>M24.812</b>	Other specific joint derangements of left shoulder, not elsewhere classified	
		<b>M24.819</b>	Other specific joint derangements of unspecified shoulder, not elsewhere classified	
		<b>M25.211</b>	Flail joint, right shoulder	
		<b>M25.212</b>	Flail joint, left shoulder	
		<b>M25.219</b>	Flail joint, unspecified shoulder	
		<b>M25.311</b>	Other instability, right shoulder	
		<b>M25.312</b>	Other instability, left shoulder	
Other joint derangement, not elsewhere classified, involving upper arm	<b>718.82</b>	<b>M24.821</b>	Other specific joint derangements of right elbow, not elsewhere classified	
		<b>M24.822</b>	Other specific joint derangements of left elbow, not elsewhere classified	
		<b>M24.829</b>	Other specific joint derangements of unspecified elbow, not elsewhere classified	
		<b>M25.221</b>	Flail joint, right elbow	
		<b>M25.222</b>	Flail joint, left elbow	
		<b>M25.229</b>	Flail joint, unspecified elbow	
		<b>M25.321</b>	Other instability, right elbow	
		<b>M25.322</b>	Other instability, left elbow	
Pain in joint involving ankle and foot	<b>719.47</b>	<b>M25.571</b>	Pain in right ankle and joints of right foot	
		<b>M25.572</b>	Pain in left ankle and joints of left foot	
		<b>M25.579</b>	Pain in unspecified ankle and joints of unspecified foot	
Pain in joint involving forearm	<b>719.43</b>	<b>M25.531</b>	Pain in right wrist	
		<b>M25.532</b>	Pain in left wrist	
		<b>M25.539</b>	Pain in unspecified wrist	
Pain in joint involving lower leg	<b>719.46</b>	<b>M25.561</b>	Pain in right knee	
		<b>M25.562</b>	Pain in left knee	
		<b>M25.569</b>	Pain in unspecified knee	
Pain in joint involving pelvic region and thigh	<b>719.45</b>	<b>M25.551</b>	Pain in right hip	
		<b>M25.552</b>	Pain in left hip	
		<b>M25.559</b>	Pain in unspecified hip	
Pain in joint involving shoulder region	<b>719.41</b>	<b>M25.511</b>	Pain in right shoulder	
		<b>M25.512</b>	Pain in left shoulder	
		<b>M25.519</b>	Pain in unspecified shoulder	

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Pain in joint involving upper arm	<b>719.42</b>	<b>M25.521</b>	Pain in right elbow	
		<b>M25.522</b>	Pain in left elbow	
		<b>M25.529</b>	Pain in unspecified elbow	
Pain in limb	<b>729.5</b>	<b>M79.601</b>	Pain in right arm	
		<b>M79.602</b>	Pain in left arm	
		<b>M79.603</b>	Pain in arm, unspecified	
		<b>M79.604</b>	Pain in right leg	
		<b>M79.605</b>	Pain in left leg	
		<b>M79.606</b>	Pain in leg, unspecified	
		<b>M79.609</b>	Pain in unspecified limb	
		<b>M79.621</b>	Pain in right upper arm	
		<b>M79.622</b>	Pain in left upper arm	
		<b>M79.629</b>	Pain in unspecified upper arm	
		<b>M79.631</b>	Pain in right forearm	
		<b>M79.632</b>	Pain in left forearm	
		<b>M79.639</b>	Pain in unspecified forearm	
		<b>M79.641</b>	Pain in right hand	
		<b>M79.642</b>	Pain in left hand	
		<b>M79.643</b>	Pain in unspecified hand	
		<b>M79.644</b>	Pain in right finger(s)	
		<b>M79.645</b>	Pain in left finger(s)	
		<b>M79.646</b>	Pain in unspecified finger(s)	
		<b>M79.651</b>	Pain in right thigh	
		<b>M79.652</b>	Pain in left thigh	
		<b>M79.659</b>	Pain in unspecified thigh	
		<b>M79.661</b>	Pain in right lower leg	
		<b>M79.662</b>	Pain in left lower leg	
		<b>M79.669</b>	Pain in unspecified lower leg	
		<b>M79.671</b>	Pain in right foot	
		<b>M79.672</b>	Pain in left foot	
<b>M79.673</b>	Pain in unspecified foot			
<b>M79.674</b>	Pain in right toe(s)			
<b>M79.675</b>	Pain in left toe(s)			
<b>M79.676</b>	Pain in unspecified toe(s)			

ICD-9 Name	ICD-9 Code	ICD-10 Code	ICD-10 Name	Documentation tips		
Closed dislocation of shoulder, unspecified site	<b>831.0</b>	<b>S43.001A</b>	Unspecified subluxation of right shoulder joint, initial encounter	<p><b>Injuries</b></p> <ul style="list-style-type: none"> <li>• Identify the specific location and type of injuries (e.g. abrasion, laceration, puncture, fracture)</li> <li>• Identify the reason for visits (type of encounter) associated with new or healing injuries (e.g. initial visit for ED encounter, subsequent visit for aftercare and follow-up, sequela (or late effect) visit for treatment of residuals from injury)</li> <li>• Detail the cause of the injury (e.g. car accident, fall down stairs)</li> <li>• Detail child abuse, neglect and other mistreatment <ul style="list-style-type: none"> <li>◦ Clarify it as being confirmed, suspected or ruled out</li> </ul> </li> <li>• Identify the intention or patient mindset (e.g. accidental, assault, self-inflicted, undetermined) surrounding an injury or misadventure</li> <li>• Provide the location of the patient when the injury occurred (e.g. school basketball court)</li> <li>• List the activity of the patient at the time of the injury (e.g. playing basketball)</li> <li>• Indicate the work status of the patient at the time of the injury (e.g. volunteer activity, recreation, school sport)</li> </ul>		
		<b>S43.001D</b>	Unspecified subluxation of right shoulder joint, subsequent encounter			
		<b>S43.001S</b>	Unspecified subluxation of right shoulder joint, sequela			
		<b>S43.002A</b>	Unspecified subluxation of left shoulder joint, initial encounter			
		<b>S43.002D</b>	Unspecified subluxation of left shoulder joint, subsequent encounter			
		<b>S43.002S</b>	Unspecified subluxation of left shoulder joint, sequela			
		<b>S43.003A</b>	Unspecified subluxation of unspecified shoulder joint, initial encounter			
		<b>S43.003D</b>	Unspecified subluxation of unspecified shoulder joint, subsequent encounter			
		<b>S43.003S</b>	Unspecified subluxation of unspecified shoulder joint, sequela			
		<b>S43.004A</b>	Unspecified dislocation of right shoulder joint, initial encounter			
		<b>S43.004D</b>	Unspecified dislocation of right shoulder joint, subsequent encounter			
		<b>S43.004S</b>	Unspecified dislocation of right shoulder joint, sequela			
		<b>S43.005A</b>	Unspecified dislocation of left shoulder joint, initial encounter			
		<b>S43.005D</b>	Unspecified dislocation of left shoulder joint, subsequent encounter			
		<b>S43.005S</b>	Unspecified dislocation of left shoulder joint, sequela			
		Dislocation of patella, closed	<b>836.3</b>		<b>S83.001A</b>	Unspecified subluxation of right patella, initial encounter
					<b>S83.001D</b>	Unspecified subluxation of right patella, subsequent encounter
<b>S83.001S</b>	Unspecified subluxation of right patella, sequela					
<b>S83.002A</b>	Unspecified subluxation of left patella, initial encounter					
<b>S83.002D</b>	Unspecified subluxation of left patella, subsequent encounter					

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		<b>S83.002S</b>	Unspecified subluxation of left patella, sequela	
		<b>S83.003A</b>	Unspecified subluxation of unspecified patella, initial encounter	
		<b>S83.003D</b>	Unspecified subluxation of unspecified patella, subsequent encounter	
		<b>S83.003S</b>	Unspecified subluxation of unspecified patella, sequela	
		<b>S83.004A</b>	Unspecified dislocation of right patella, initial encounter	
		<b>S83.004D</b>	Unspecified dislocation of right patella, subsequent encounter	
		<b>S83.004S</b>	Unspecified dislocation of right patella, sequela	
		<b>S83.005A</b>	Unspecified dislocation of left patella, initial encounter	
		<b>S83.005D</b>	Unspecified dislocation of left patella, subsequent encounter	
		<b>S83.005S</b>	Unspecified dislocation of left patella, sequela	
		<b>S83.006A</b>	Unspecified dislocation of unspecified patella, initial encounter	
		<b>S83.006D</b>	Unspecified dislocation of unspecified patella, subsequent encounter	
		<b>S83.006S</b>	Unspecified dislocation of unspecified patella, sequela	
		<b>S83.011A</b>	Lateral subluxation of right patella, initial encounter	
		<b>S83.011D</b>	Lateral subluxation of right patella, subsequent encounter	
		<b>S83.011S</b>	Lateral subluxation of right patella, sequela	
		<b>S83.012A</b>	Lateral subluxation of left patella, initial encounter	
		<b>S83.012D</b>	Lateral subluxation of left patella, subsequent encounter	
		<b>S83.012S</b>	Lateral subluxation of left patella, sequela	
		<b>S83.013A</b>	Lateral subluxation of unspecified patella, initial encounter	
		<b>S83.013D</b>	Lateral subluxation of unspecified patella, subsequent encounter	
		<b>S83.013S</b>	Lateral subluxation of unspecified patella, sequela	
		<b>S83.014A</b>	Lateral dislocation of right patella, initial encounter	
		<b>S83.014D</b>	Lateral dislocation of right patella, subsequent encounter	

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		<b>S83.014S</b>	Lateral dislocation of right patella, sequela	
		<b>S83.015A</b>	Lateral dislocation of left patella, initial encounter	
		<b>S83.015D</b>	Lateral dislocation of left patella, subsequent encounter	
		<b>S83.015S</b>	Lateral dislocation of left patella, sequela	
		<b>S83.016A</b>	Lateral dislocation of unspecified patella, initial encounter	
		<b>S83.016D</b>	Lateral dislocation of unspecified patella, subsequent encounter	
		<b>S83.016S</b>	Lateral dislocation of unspecified patella, sequela	
		<b>S83.091A</b>	Other subluxation of right patella, initial encounter	
		<b>S83.091D</b>	Other subluxation of right patella, subsequent encounter	
		<b>S83.091S</b>	Other subluxation of right patella, sequela	
		<b>S83.092A</b>	Other subluxation of left patella, initial encounter	
		<b>S83.092D</b>	Other subluxation of left patella, subsequent encounter	
		<b>S83.092S</b>	Other subluxation of left patella, sequela	
		<b>S83.093A</b>	Other subluxation of unspecified patella, initial encounter	
		<b>S83.093D</b>	Other subluxation of unspecified patella, subsequent encounter	
		<b>S83.093S</b>	Other subluxation of unspecified patella, sequela	
		<b>S83.094A</b>	Other dislocation of right patella, initial encounter	
		<b>S83.094D</b>	Other dislocation of right patella, subsequent encounter	
		<b>S83.094S</b>	Other dislocation of right patella, sequela	
		<b>S83.095A</b>	Other dislocation of left patella, initial encounter	
		<b>S83.095D</b>	Other dislocation of left patella, subsequent encounter	
		<b>S83.095S</b>	Other dislocation of left patella, sequela	
		<b>S83.096A</b>	Other dislocation of unspecified patella, initial encounter	
		<b>S83.096D</b>	Other dislocation of unspecified patella, subsequent encounter	
		<b>S83.096S</b>	Other dislocation of unspecified patella, sequela	



ICD-9 Name	ICD-9 Code	ICD-10 Code	ICD-10 Name	Documentation tips
Unspecified site of ankle sprain	<b>845.00</b>	<b>S93.401A</b>	Sprain of unspecified ligament of right ankle, initial encounter	
		<b>S93.401D</b>	Sprain of unspecified ligament of right ankle, subsequent encounter	
		<b>S93.401S</b>	Sprain of unspecified ligament of right ankle, sequela	
		<b>S93.402A</b>	Sprain of unspecified ligament of left ankle, initial encounter	
		<b>S93.402D</b>	Sprain of unspecified ligament of left ankle, subsequent encounter	
		<b>S93.402S</b>	Sprain of unspecified ligament of left ankle, sequela	
		<b>S93.409A</b>	Sprain of unspecified ligament of unspecified ankle, initial encounter	
		<b>S93.409D</b>	Sprain of unspecified ligament of unspecified ankle, subsequent encounter	
		<b>S93.409S</b>	Sprain of unspecified ligament of unspecified ankle, sequela	
		<b>S96.919A</b>	Strain of unspecified muscle and tendon at ankle and foot level, unspecified foot, initial encounter	
		<b>S96.919D</b>	Strain of unspecified muscle and tendon at ankle and foot level, unspecified foot, subsequent encounter	
		<b>S96.919S</b>	Strain of unspecified muscle and tendon at ankle and foot level, unspecified foot, sequela	

The ICD-10 Provider Specialty Tool Kit is meant to assist providers with documentation best practices necessary for the transition from ICD-9-CM to ICD-10-CM. This tool kit includes the most commonly used diagnoses for a specialty using 2012 claims data for top encounters and top number of dollars per diagnosis. The tool kit can be used as a quick reference guide for providers and can also be shared with Practice Managers. This tool kit is not meant to be a coding cross walk and therefore should not be used as such. Questions regarding this tool kit and/or ICD-10 should be submitted via email to [ICD10@choa.org](mailto:ICD10@choa.org).