This is general information and not specific medical advice for you, your child, or loved one. Always consult your doctor or other healthcare provider if you have any questions or concerns. Call 911 or go to the nearest emergency department in case of an urgent concern or emergency.

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Educational Activity Disclosure – Place Holder

Course Title

| Disclosures | Action |
|--|--|
| Criteria for Successful Completion | View entire recording |
| | Completion of evaluation |
| Conflicts of Interest Statements for Planning Committee | The planning committee members have no relevant financial relationship to declare. |
| Conflicts of Interest Statements for Faculty/Presenters/ Authors | The content experts/faculty/presenters/authors have no relevant financial relationship to declare. |
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| Continuing Education | This continuing nursing education activity was provided by Children's Healthcare of Atlanta. Children's Healthcare of Atlanta is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours: 1.0 Activity ID: nnnn-nnnn-nn Expiration Date: mm/dd/yy |

Project S.A.V.E.

Sudden Cardiac Arrest. Awareness. Vision for Prevention. Education.

Non-Life Threatening Emergencies Video Training



Project S.A.V.E.

Non-Life Threatening Emergencies Video Training Richard Lamphier, RN



Audience

This education video is intended for Adults who:

- Supervise children in schools
- Coach athletics
- Have minor children or family members at risk for non-life threatening emergencies







Please note that while the injuries outlined in this video are typically considered non-life threatening, there is a possibility that any of them could become life threatening at any time.

Always be prepared to call 9-1-1 in the event of any injury. It is better to have 9-1-1 there and not need them, than to need them and not have them.



For information on recognizing and responding to **life** threatening emergencies, reference the Life Threatening Emergencies video in this Project SAVE series.





| • | EMERGENCY ACTION PLAN | |
|---|-----------------------|--|
| | 1. Fírst responders | |
| • | 2. Early recognition | |
| | 3. Communication | |
| | 4. AED at the ready | |
| • | | |

Session Objectives

Here are the specific objectives for this education:

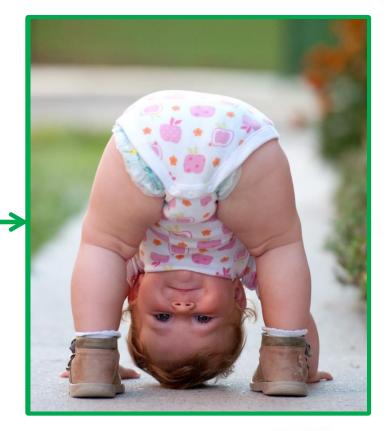
- Recognize non-life threatening emergencies
- Explain the need for securing help to prevent non-life threatening emergencies from becoming life threatening emergencies
- Demonstrate the appropriate treatment for minor emergencies







...from head to toe.











First Aid Kit Supplies*

- Gauze pads (at least 4 x 4 inches)
- Two large gauze pads (at least 8 x 10 inches)
- Box adhesive bandages (Band-Aids)
- One package gauze roller bandage at least 2 inches wide
- Two triangular bandages or bandanas
- Wound cleaning agent such as sealed moistened towelettes
- Scissors

- Tweezers
- Adhesive tape
- Non-latex gloves
- Face shield or pocket mask
- Two elastic wraps
- Splint
- Tourniquet
- Eye wash/flush



Minor Head Injuries

Minor Head Injuries

- Amount of blood from head may be misleading
- Scalp has many capillary blood vessels close to the skin
- Remain calm and use direct pressure to stop bleeding
- For thick hair, separate the hair slowly and methodically to find the location of the cut











Nose Bleeds

Mouth Injury with Loss of Tooth/Teeth

Mouth Injury with Loss of Tooth/Teeth



- Prepare to transport victim to dentist or Emergency Room
- Control the bleed by providing direct pressure with gauze
- Hold the tooth from the body, not the roots
- Place tooth in commercially available tooth solution
- Milk or saliva are viable alternatives



Mouth Injury with Loss of Tooth/Teeth

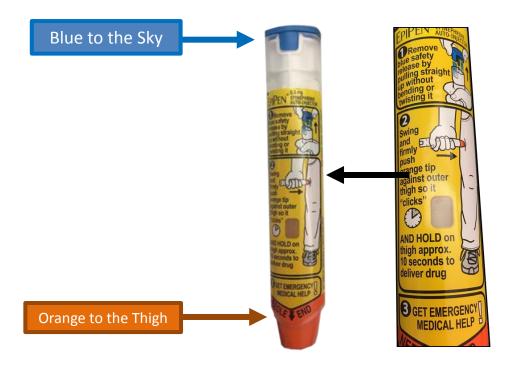


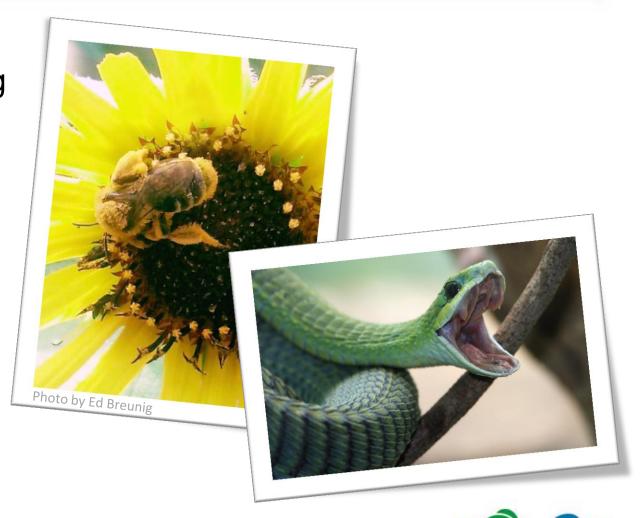
- Take victim and tooth to a dentist as quickly as possible
- Successful replantation of tooth is unlikely after 1.5 hours
- "Time is tooth"

Stings or Bites

Stings or Bites

- Ensure it is safe to approach victim
- Ask victim if they are allergic to biting insects
- Be prepared to use EpiPen





Children's Healthcare of Atlanta

Remove a Stinger - Demo

Stings or Bites – Snake Bite

In the event of a snake bite:

- Call 9-1-1 immediately
- Pay attention to changes in color, swelling, or pain



Stings or Bites – Snake Bite

What to Do:

- ✓ Remain calm and move beyond snake's striking distance
- Remove jewelry and tight clothing
- ✓ Position victim so the bite is at or below the level of their heart
- Immobilize joint near bite
- Clean the wound by flushing with water
- Cover with a dry clean dressing
- Remember details about the snake



Stings or Bites – Snake Bite

What to Do:

- Remain calm and move beyond snake's striking distance
- ✓ Remove jewelry and tight clothing
- ✓ Position victim so the bite is at or below the level of their heart
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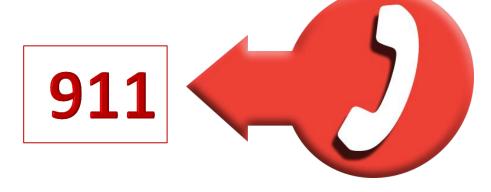
What NOT to do:

- Use a tourniquet or apply ice
- Out the wound or attempt to remove the venom
- O Drink caffeine or alcohol
- Attempt to capture the snake



Stings or Bites

- Try to identify the stinging insect or biting snake or animal
- Be prepared to call 9-1-1 or poison control





1-800-222-1222POISON CONTROL

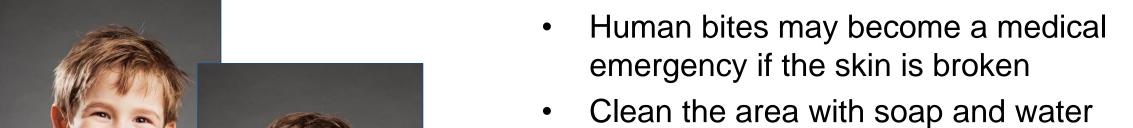






Bites

Bites



Have victim seen by healthcare provider



Sprains or Strains of Extremities

Sprains or Strains of the Extremities



- For suspected sprains or strains, rest the affected area
- Have the victim laydown or sit out of any physical activity
- Immobilize the area to help stabilize the extremity
- Use an ice pack for 20 minutes
- Do NOT put ice directly on the skin

Sprains or Strains of the Extremities



To make an ice pack:

- Place ice in a plastic zip-top bag and add water
- Place ice pack in a towel
- Place wrapped ice pack on the affected area
- Do NOT leave the ice on for more than 20 minutes

Sprains or Strains of the Extremities



www.choa.org/medical-services/sports-medicine



Remember these non-life threatening emergencies require immediate attention. Call 9-1-1, retrieve your first aid kit, and get an AED.







Reflection

Take a moment to reflect on the topics covered in this video and how you can use this knowledge when interacting with students.







Project S.A.V.E.

- Sudden Cardiac Arrest
- Awareness
- Vision for Prevention
- Education



Project S.A.V.E. Video Series

www.choa.org/projectsave

Richard Lamphier, RN Richard.lamphier@choa.org 404-785-7201



Project S.A.V.E. Video Series

The Children's Healthcare of Atlanta Project



- **A** Awareness
- Vision for Prevention
- Education

video series is designed to help **you** feel confident to help in an emergency and **SAVE lives**.



Project S.A.V.E. Video Series

- 1. Benchmark CPR/AED
- 2. All Staff Awareness
- 3. Life Threatening Emergencies
- 4. Non-Life Threatening Emergencies
- 5. Cardiac/Medical Emergency Practice Drill

- Sudden Cardiac Arrest
- A Awareness
- Vision for Prevention
- Education



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