

Neuro-Developmental Treatment (NDT) Facilitation Course



Children's
Healthcare of Atlanta

Lois Bly, PT, MA, C/NDT

Friday -Saturday, April 12-13, 2019

Location

[Children's Healthcare of Atlanta Office Park](#)

Classroom 5

1680 Tullie Circle

Atlanta, GA 30329

Course description

An overview of principles of NDT facilitation will be presented, facilitation techniques will be reviewed and practiced on classmates, and treatment demonstrations by the instructor will apply the use of the techniques on children with developmental delays. During each session, participants will learn facilitation techniques appropriate to use with children and adolescents with cerebral palsy. Participants will practice each technique on various classmates and will have techniques practiced on them. This is primarily a LAB COURSE. Participants must wear clothes that enable movement. Facilitation techniques will include those used for transitional movements, trunk, upper and lower extremity, mobility and control. There will be a treatment demonstration with a child with cerebral palsy to demonstrate the application of the techniques. The book [Facilitation Techniques Based on NDT Principles](#) by Lois Bly and Allison Whiteside will be used as the text.

Agenda

Friday, April 12

- 7:30 a.m. *Registration & Continental Breakfast*
- 8:00 a.m. Introduction to Facilitation
- 8:15 a.m. Importance of Weight Shifts in Facilitation
- 9:30 a.m. *Break*
- 9:45 a.m. Facilitation of Prone to Standing
- 12:00 p.m. *Lunch (on your own)*
- 1:00 p.m. Facilitation of Trunk Mobility and Control - Rotation
- 2:30 p.m. Video Tape of Client for Demo
- 3:15 p.m. *Break*
- 3:30 p.m. Treatment Demonstration
- 4:30 p.m. Discussion
- 5:00 p.m. *Adjourn*

Saturday, April 13

- 7:30 a.m. *Continental Breakfast*
- 8:00 a.m. Facilitation of Shoulder Girdle Mobility and Control and Facilitation of Upper Extremity Use
- 9:30 a.m. *Break*
- 9:45 a.m. Facilitation of Pelvic Girdle Mobility and Control
- 12:00 p.m. *Lunch (on your own)*
- 1:00 p.m. Video Tape of Client for Demo
- 1:30 p.m. Facilitation of Lower Extremity Use
- 2:45 p.m. *Break*
- 3:00 p.m. Treatment Demonstration
- 4:00 p.m. Discussion
- 4:30 p.m. *Adjourn*

Registration

Registration Price (includes continental breakfast):

Regular Registration	\$385
Group Discount (2 or more attendees from the same facility)	\$335
Children's Healthcare of Atlanta Staff	\$285

Space is limited to 40 participants, register today at <https://cvent.me/dev90>

Contact michelle.moore@choa.org for more information.

Target audience

This intermediate-level course is open to physical therapists, occupational therapists, and assistants.

Course Objectives

At the conclusion of the conference, the participant will be better able to:

- List the major principles of NDT facilitation techniques
- List the major reasons why it is important to work on the trunk
- Describe the relationship between trunk and extremity movements
- Demonstrate facilitation techniques on the sagittal plane
- Demonstrate facilitation techniques on the frontal plane
- Demonstrate facilitation techniques on the transverse plane
- Describe and demonstrate techniques to increase trunk mobility and control
- Describe and demonstrate techniques to increase upper extremity mobility and control
- Describe and demonstrate techniques to increase lower extremity mobility and control
- Identify compensations and deviation from normal movements

Continuing Education

Direct contact hours have been applied for through the **Georgia Occupational Therapy Association (GOTA)** for **14.5 contact hours** for Occupational Therapists. These credits may apply toward licensure in other states.

Continuing Education Credits have been applied for/approved through the **Physical Therapy Association of Georgia (PTAG)** for **14.5 contact hours** for Physical Therapists. These credits may apply toward licensure in other states.

Speaker

Lois Bly, PT, MA, C/NDT, is a NDTA Coordinator Instructor and clinician who has offered seminars, workshops and NDT certificate courses throughout the United States, Canada, Australia, Brazil, Argentina, Peru, Chile, South Africa, Hong Kong, Scotland and Ireland. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London, and received her NDT Instructors Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Master's Degree in Motor Learning at Teachers College, Columbia University. She is the author of the monograph Components of Normal Movement During the First Year of Life and Abnormal Motor Development, and the books Motor Skills Acquisition in the First Year and Baby Treatment Based on NDT Principles. She is also the co-author with Allison Whiteside of the book Facilitation Techniques Based on NDT Principles. Additionally, she published the Motor Skills Checklist based on the book Motor Skills Acquisition in the First Year. Her most recent publication in 2011 is a monograph entitled Components of Typical and Atypical Motor Development. In 2000, she received the NDTA Award of Excellence and in 2009, the APTA Pediatric Section Jeanne Fischer Mentorship Award.

Accommodations

Courtyard Atlanta Executive Park/Emory

1236 Executive Park Drive NE

Atlanta, GA 30329

404-728-0708 (Call and ask for Children's Healthcare of Atlanta rate)

Click [here](#) for Children's reduced rate to book online

Doubletree Hotel Atlanta North Druid Hills

2061 North Druid Hills Road

Atlanta, GA 30329

Click [here](#) for website. (Click on Special Rate Codes and then enter 0009885641 under Corporate Account)

All programs are intended to be accessible to all persons. If you have a disability and require assistance in order to fully participate in the conference activities, call the conference coordinator to discuss your specific needs.

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