

# 2023 Children's Pediatric Nutrition Conference

## Program Agenda

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**Children's**<sup>SM</sup>  
Healthcare of Atlanta

### MONDAY, FEBRUARY 27, 2023

- 8:15 a.m. Introduction & Welcome  
Christine Benedetti, MS, RDN, CCTD, LD, FNKF
- 8:30 a.m. Raising Healthy Eaters  
Katherine Shary, RDN, LD & Susan Bell, RD, LD, IBCLC
- 9:45 a.m. Enteral Nutrition 101  
Diana Ricketts, MS, RD, LD
- 11:00 a.m. Cystic Fibrosis - The Paradigm Shift  
Maegan Cook, MS, RD, CNSC, LD, Kanan Patel, MS, RD, CSP & Malia Martin, MS, RDN, LD
- 12:00 p.m. Lunch
- 1:00 p.m. Experiential Learning through Cooking – An Essential Part of Multidisciplinary Type 2 Diabetes Clinic  
Ashley Van Cise, RDN, LD, Chef & Anna Albritton, MS, RD, LD, CDE
- 2:00 p.m. Nutritional Considerations of Inflammatory Bowel Disease  
Olivia Taylor, MS, RD, LD
- 3:15 p.m. Nutrition Management of Inborn Errors of Metabolism - An Overview  
Ellen Kenney, PA-S2, RD
- 4:15 p.m. Adjourn

### TUESDAY, FEBRUARY 28, 2023

- 8:30 a.m. Performance Nutrition for Adolescent Athletes  
Jana Heitmeyer, MS, RD, CSSD, CSCS, SCCC, LD
- 9:45 a.m. Strong Foundations: Nutrition and Physical Activity Education in Successful Pediatric to Adult Transition Outcomes  
Roshan P. George, MD, FAAP, FAST
- 11:00 a.m. Resiliency and Burnout  
Jaime Hunn, LCSW
- 11:45 a.m. Lunch
- 12:30 p.m. Restrictive Diets in Type 1 and Type 2 Diabetes  
Carrie Kay, MS, RD, LD, CDCES & Alison Higgins, MA, RD, LD, CDCES
- 2:15 p.m. Dysphagia Assessment and Treatment Strategies  
Megan Conrad, M.S. CCC-SLP, Amanda Peeler, M.CD. CCC-SLP & Laura Brooks, M.Ed. CCC-SLP BCS-S
- 3:30 p.m. Nutritional Management of Pediatric Solid Tumor Patients  
Ashley Stepro, RD, CSP, LD
- 5:00 p.m. Adjourn  
Dietitian CEUs offered – 12.5 hours

*This agenda is subject to change. 15 minutes scheduled between presentations.*