



# CAMP CARPE DIEM CAMPER MEDICAL FORM

This form is to be completed by a licensed physician. Examination required within 12 months of camp.

**\*\*NOTE: This form is TWO PAGES\*\***

### Patient Information:

NAME (first/last): \_\_\_\_\_ GENDER: M F DOB: \_\_\_\_\_ AGE: \_\_\_\_\_

PHYSICIAN: \_\_\_\_\_ PHONE: \_\_\_\_\_ DATE OF LAST EXAM: \_\_\_\_\_

### Medical Information:

HT: \_\_\_\_\_ WT: \_\_\_\_\_ BP: \_\_\_\_\_

Explain using code: *S Satisfactory* *NS Not Satisfactory*

Eyes: \_\_\_\_\_ Ears: \_\_\_\_\_ Nose: \_\_\_\_\_ Throat: \_\_\_\_\_ Heart: \_\_\_\_\_ Lungs: \_\_\_\_\_ Abdomen: \_\_\_\_\_ Skin: \_\_\_\_\_ Extremities: \_\_\_\_\_

Abnormal Findings?: \_\_\_\_\_

Daily Medications to be continued at camp?:  YES  NO

If yes, please describe dose and frequency: \_\_\_\_\_

Is the patient under the care of a physician for any conditions?:  YES  NO

Do you feel the camper will require limitations or restrictions to activity while at camp?  YES  NO

Other treatments/therapies to be continued at camp?:  YES  NO

If "yes," please explain: \_\_\_\_\_

### Patient Allergies:

No Known Allergies

To foods: \_\_\_\_\_  To Medications: \_\_\_\_\_

To the environment (insect stings, hay fever etc.): \_\_\_\_\_  Other: \_\_\_\_\_

### Patient Diet:

Eats Regular Diet  Has medically prescribed meal or dietary restrictions: \_\_\_\_\_

Other: \_\_\_\_\_

### Non Prescription Medications: *Cross out the medications the camper **SHOULD NOT** be given.*

Tylenol	Calamine	Cough Syrup	Sudafed PE	Cough Drops	Pepto Bismol	Ex-Lax
Ibuprofen	Hydrocortisone	Scabies Cream	Aloe	Sudafed	Lice Shampoo	
Benadryl	Chloraseptic	Sucrets	Dextromethorphan	Guaifenesin	Topical Antibiotic	

### Seizure Information :

Seizure Type:	Length:	Frequency:	Description:

Seizure triggers or warning signs: \_\_\_\_\_

Child's response after seizure: \_\_\_\_\_



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## Seizure Information (continued):

Does the camper need to leave the activity after a seizure?  YES  NO

If "yes," when can they resume camp activities? \_\_\_\_\_

A "SEIZURE EMERGENCY" for this camper is defined as: \_\_\_\_\_

SEIZURE EMERGENCY Protocol: Check all that apply

- Contact Camp Nurse
- Call 911 for transport to \_\_\_\_\_
- Notify parent or emergency contact
- Administer Emergency medications as indicated below
- Notify physician (list contact name and number) \_\_\_\_\_
- Other: \_\_\_\_\_

**ALL campers MUST have a RESCUE MEDICATION brought with them to camp.**

Please write a prescription for one if the child does not already have one.

List rescue medication to be used and dosage: \_\_\_\_\_

\_\_\_\_\_

Does the camper have a Vagus Nerve Stimulator?  YES  NO

If "yes," please describe magnet use: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Basic First Aid and Comfort: *Please describe basic first aid and procedures*

\_\_\_\_\_

\_\_\_\_\_

**Basic Seizure First Aid:**

- Stay calm and track time
- Keep child safe
- Do not put anything in mouth
- Stay with child until fully conscious
- Record in seizure log

**For Tonic-clonic Seizure:**

- Protect head
- Keep airway open/watch breathing
- Turn child on side

**A seizure is generally considered an emergency when:**

- Convulsive (tonic-clonic) seizure lasts more than 5 minutes
- Child has repeated seizures without regaining consciousness
- Child is injured or has diabetes
- Child has first time seizure
- Child has respiratory difficulty
- Child has seizure in the water

## Physician Authorization for Participation:

I have reviewed the camper's health history, and have discussed the camp program with the camper's parent(s)/guardian(s). It is my opinion that the camper is physically and emotionally fit to participate in an active camp program (except as noted above).

PHYSICIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PHYSICIAN NAME PRINTED: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_