

# Camp You Be You

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**Children's**<sup>SM</sup>  
Healthcare of Atlanta

## Frequently Asked Questions

### What activities are available at camp?

Camp Twin Lakes offers a variety of activities including archery, a swimming pool, arts and crafts, horseback riding, canoeing and kayaking, fishing, a ropes course, a rock climbing wall, and more!

### What does a typical camp day look like?

|                                      |                                    |
|--------------------------------------|------------------------------------|
| 7:15am – Rise & Shine!               | 2:45 – 4:30pm – Camp Activities    |
| 7:45 - 8:00am – Flagpole/meds        | 4:30 - 5:00pm– Snack & Free Play   |
| 8:00 - 8:45am – Breakfast            | 5:00 – 6:00pm- Camp Activities     |
| 8:45 - 9:00 am – Spirit Time         | 6:15 – 6:30pm – Flagpole/meds      |
| 9:00 - 9:30am- Get ready for the day | 6:30 – 7:15pm – Dinner             |
| 9:30 - 12:00pm – Camp Activities     | 7:15 – 7:30pm – Spirit Time        |
| 12:00 - 12:15pm- Flagpole/meds       | 7:30 – 8:30pm – Evening Program    |
| 12:15 - 1:00pm- Lunch                | 8:30 – 9:00pm – Teepee time        |
| 1:00 - 1:15pm – Camp News            | 9:00 - 10:00pm – Get ready for bed |
| 1:15 - 2:15pm – Rest Hour            | 10:00pm - Lights out!              |

### What are the camp sleeping arrangements?

Cabins consist of 12-16 beds (single and bunk beds). Campers are grouped by gender and age. *Please note the age range in cabins varies every year depending on the amount of camper applications.* There are 2-3 counselors in each cabin and younger cabins may also have LITs (leaders in training). Showers and bathrooms are in every cabin.

### What does meal time look like?

Campers, volunteers, and staff eat in the dining hall. Campers eat at the same table as their cabin. Meals are served family style. The kitchen provides alternatives for dietary and allergy restrictions upon request.

### How many campers attend?

There are around 50 general campers including a few LITs.

### How are campers supported?

The majority of our cabin counselors are community volunteers (18 years or older). Camp is also supported by staff and medical professionals from the Marcus Autism Center, Children's Healthcare of Atlanta, and Camp Twin Lakes.

**How are medications managed?**

All medications are turned into the camp medical staff. Medications are distributed at designated times at the med lodge.

**What is the cost of camp?**

The cost of camp is \$375. Financial aid applications are available. We also currently accept family support funds from Bobby Dodd Institute (BDI), Georgia Community Support and Solutions, and New Horizons Behavioral Health.

**What does the facility look like?**

Visit [Camp Twin Lakes](#) to learn more and view photos.

