

Nayzilam

(prefilled intranasal midazolam)

What is Nayzilam (prefilled intranasal midazolam)?

Nayzilam (prefilled intranasal midazolam) is an emergency medicine used to stop seizures. It is also called a seizure rescue medicine. Nayzilam is only for children 12 years and older.

When does my child need it?

Use the medicine only as advised by your child's doctor. Your child may need it for:

- Seizures lasting 5 minutes or longer.
- Seizure clusters. This is when someone has 3 or more seizures in 1 hour.

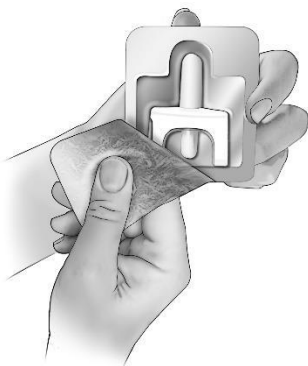
It should NOT be used as a maintenance medicine to prevent seizures.

What dose does my child need?

- One device contains 1 dose, which is 5 mg (milligrams).
- Sometimes 1 dose is not enough. **Only give a second dose if a doctor tells you to.**

How do I prepare and give the dose?

1. If your child has a seizure, gently help them to the floor and turn them on their side. Move any objects or furniture that could cause harm.
2. Remove the medicine device from the package.



3. Hold the device with your:
 - Thumb on the bottom of the plunger.
 - First and middle fingers on either side of the nozzle.

Do not squirt (prime) the medicine before giving it. If you do, there will not be any medicine left to give.

In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.

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- Put the tip of the nozzle into 1 nostril until the finger holding the device is against the bottom of your child's nose.



- Firmly push the plunger with your thumb. You have given the dose. Then remove the nozzle from the nostril.



- Keep or turn your child on their side. Watch them closely and help them as needed.
- Write down what time you gave the medicine.
- Throw away the device. You gave the full dose.

What should I expect after giving it?

Talk with your child's doctor about:

- When to expect the seizure or seizure clusters to stop.
- What to do if seizures do not stop within 5 to 10 minutes of giving Nayzilam. They may tell you to give a second dose.

If seizures stop after the first dose:

- Keep your child on their side and watch them closely.
- Get medical care right away.

In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.

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What are some possible side effects?

Your child may have 1 or more of these:

- Feel sleepy or lightheaded
- Headache
- Nasal discomfort
- Cough or sneeze
- Bitter taste in the mouth

When should I call the doctor?

Call the doctor if you have questions or concerns about how your child looks or feels.

When should I call 911?

Call 911 **right away** if:

- Shallow or slowed breathing, or if breathing stops.
- Extreme sleepiness.
- A blue or dark purple color to the nails, lips or gums.
- Seizure clusters that are different than other seizure clusters your child has had.
- Seizures that worry you. You may have concerns about how often the seizures happen, how severe the seizure is, or how long the seizure lasts.

Also call if you have to give a second dose of Nayzilam.

What else do I need to know?

- Keep all medicines where children and pets cannot get to them.
- Make sure the medicine does not expire and the package does not get damaged.
- Do not remove the medicine from its package until you are ready to give it.

This teaching sheet contains general information only. Talk with your child's doctor or a member of your child's healthcare team about specific care of your child.

In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.