

Food resource guide



Children'sSM
Healthcare of Atlanta

Community resources

National Hunger Hotline

- Call 1-866-3-HUNGRY (English).
- Call 1-877-8-HAMBRE (Spanish).
- The hours are Monday through Friday from 7 a.m. to 10 p.m. (Eastern Standard Time).
- You may text “97779” to reach the automated service. To text a question, use a key word such as “food,” “summer” or “meals.” You will get an automated response indicating resources that are near you. Cell phone carrier texting rates may apply.

Georgia food banks

To find food banks in Georgia, visit feedingamerica.org/find-your-local-foodbank.

United Way 211

- Call 2-1-1 to reach the United Way 211. They can help you find food resources that are near you.
- You may also visit 211.org/get-help/finding-food.

SNAP food benefits (formerly called “food stamps”)

- SNAP can give money to people and families in need. This is in the form of an EBT card—a debit card that you use for groceries.
- The amount of money you get (and how long you get it for) is based on your family size and income.
- To apply for SNAP in Georgia, you may visit gateway.ga.gov/access.
- You can also call 877-423-4746 or visit your local DFCS office to request an application.

Women, Infants and Children (WIC) Supplemental Nutrition Program

- WIC is a program for low-income pregnant, breastfeeding and postpartum women.
- WIC may also help if you are a low-income parent or guardian *and* the sole provider for **children under age 5** who are at nutritional risk *and* are at or below 185 percent of the federal poverty level.
- To apply for WIC, you may visit dph.georgia.gov/WIC.
- To find a WIC office near you, call 800-228-9173.
- You may also visit sendss.state.ga.us/sendss/lwicclinic.SCREEN.

Hospital resources

Hospital gift card

Your family and friends at home can call the hospital gift shop to buy a gift card. You may use this gift card in the hospital cafeteria. The gift shop accepts credit cards over the phone.

- To reach the Egleston gift shop, call 404-785-6178.
- To reach the Scottish Rite gift shop, call 404-785-4516.

Cafeteria discount

- Parents and legal guardians of children who are staying in the hospital at Egleston or Scottish Rite may get a 25 percent cafeteria discount.
- You must show your caregiver wristband to get the discount.
- This discount does not apply to food from an outside vendor.

Meal bags

- You may request a meal bag from hospital staff.
- Meal bags have shelf-stable foods such as soups, crackers, granola bars, fruit cups and more.

Lactation diet

If you are a breastfeeding mom, please tell your child's nurse. A member of your child's care team can help get an order for a lactation diet and consult.

Children's Social Work staff are available to answer questions regarding these programs. However, allocation of resources are determined by entities not affiliated with Children's.

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