Flu-like symptoms? What to expect while you're here



- Be seen by a healthcare professional.
- Have his or her symptoms evaluated.
- Be diagnosed and treated based on symptoms, age, medical condition, likelihood of the flu and time since the onset of symptoms. Not all children will require a flu test.

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Treatment for pediatric flu is different.

We reserve flu testing for kids who:

- Are younger than 2.
- Have compromised immune systems.
- Have pulmonary or cardiac issues.

Medication guidelines for flu treatment are different for kids.

Your child isn't guaranteed to receive antiviral medicines, because they're not beneficial to all children*.

- Antiviral medicines, such as Tamiflu, carry a risk of side effects.
- For many children, the risk of side effects of antiviral medicines outweighs the benefits.

^{*}Physician practice is based on clinical judgment and is in alignment with recommendations from the Centers for Disease Control and Prevention (CDC) and American Academy of Pediatrics (AAP).

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