

Treating the flu: Safely at home



While uncomfortable and draining, most flu symptoms can be treated at home. Help make your child comfortable by:

- Having your child **rest and drink plenty of fluids.**
- Being sure to **use the right amount of medicine** for your child's weight. Check labels—too much acetaminophen (Tylenol or another equivalent store brand) can be fatal.
- **Not giving your child** cough or cold medicine if age 6 and under. Don't give cough or cold medicine when also giving fever-reducing medicines.

Do not use any aspirin or aspirin-containing products to treat flu symptoms in babies, kids or teens.

Remember:
It's never too late
to **get a flu shot.**

choa.org/flu



Children's
Healthcare of Atlanta