

Loop recorder discharge instructions

Incision Care

Your child's incision (cut) was closed with Dermabond. Dermabond is a sterile, liquid skin "glue". It can be used for certain kinds of cuts. The cut heals as if it had stitches. Dermabond is not the same as Super Glue. Covering the Dermabond is a sticky bandage called Mepilex.

- The Mepilex can be removed after 48 hours.
- Most often, the Dermabond film stays in place for 5 to 10 days. Then, it will peel off your child's skin on its own.
- Make sure your child does not rub, scratch, or pick at the Dermabond film.
- Do not place tape directly over the Dermabond film.
- Do not expose the incision to sunlight or tanning lamps while the film is in place.
- Do not use ointments while the Dermabond film is in place.
- Your child may shower or bathe the day after he goes home.
 - Your child may let soapy water run over the incision.
 - Do not soak or scrub the incision.
 - Gently blot the incision dry with a clean, soft towel.

Device information

- Common household appliances, security gates, x-rays and MRI machines are all safe.
- Keep cell phones and tablets 6 inches away from the device.

Remote monitoring

- You will receive a transmitter to send reports from home.
- When you get home, plug in the transmitter and follow the instructions to set it up.
- The transmitter should be plugged in and turned on at all times.
- The transmitter will send a report every month so we can check your heart rhythm.
 - The transmitter will check the loop recorder each night and send a report to the device clinic if anything is abnormal.
- If you are having any symptoms (dizziness, lightheaded, palpitations or experience a fainting spell), follow the instructions on the transmitter to send us a report from home.
 - ***Be sure to call the device clinic - 404-785-6476 - to let us know the reason for sending the report***

Follow-up

- The device clinic will call you 7-14 days after implant.
- An appointment for the incision check will be 2 weeks after implant (see discharge summary).
- Loop recorder checks will be done automatically, every month, through the home transmitter.

Contact information:

Sibley: 404-256-2593

Device Clinic: 404-785-6476

Medtronic/Carelink Patient Services: 1-866-470-7709

This handout contains general information only. Talk with your child's doctor or a member of your child's healthcare team about specific care of your child.