

Resource List



Children's
Healthcare of Atlanta

Sickle Cell Disease: Transitioning to Adult Care

Life Planning

Aflac Cancer and Blood Disorders Center Pediatric Psychology Team

Hughes Spalding Hospital

- Shavontia Cochran, LPC, 404-785-9794

Scottish Rite Hospital

- Naadira Upshaw, PsyD, 404-785-0873

Egleston Hospital

- Laura Mee, PhD, 404-785-1241

Therapeutic Resources:

Apps: (Apple Store or Google Play)

Relaxation

- Headspace
- Calm
- Virtual Hope Box
- Relax Melodies

Health & Wellness tracking

- Pill Reminder
- Drink Water
- Max – Pill Reminder
- My Water
- My Fitness Pal

Books:

- The Pain Management Workbook: Powerful CBT and Mindfulness Skills to Take Control of Pain and Reclaim Your Life – By: Rachel Zoffness
- Mind-Body Connection for Pain Management: Vital Meditation, Mindfulness, and Movement Techniques to Ease Chronic Pain- By: Anna McConville
- Surviving and Thriving with an Invisible Chronic Illness: How to Stay Sane and Live One Step Ahead of Your Symptoms - By: Ilana Jacqueline
- Set Boundaries, Find Peace: A Guide to Reclaiming Yourself- By: Nedra Tawwab
- Winning the War in Your Mind: Change Your Thinking, Change Your Life – By: Craig Groesche

“Guided” Self-Journaling:

- In Courage Journal: A Daily Practice for Self-Discovery Diary- Alex Elle
- Wreck This Journal- Keri Smith
- The 5-Minute Productivity Journal: Little Challenges to Spark Motivation and Empower You- Jennifer Webb

How to find a Therapist:

- PsychologyToday.com
- GaPsychology.org
- Contact your insurance provider

Safety Resources:

- Call or text the National Suicide Prevention Hotline: 1-800-273-8255
- Call the Georgia Crisis and Access Line: 1-800-715-4225
- Call 911 or go to nearest emergency room

Aflac Cancer and Blood Disorders Center Sickle Cell Disease Social Workers

Hughes Spalding Hospital Social Workers

- Alvin Davis, 404-785-9592
- Beatriz Mitchell, 404-785-9894

Scottish Rite Hospital Social Worker

- Karmen Fountain, 404-785-3611

Egleston Hospital Social Worker

- LaKeysha Edwards-Wilson, 404-785-0159

Grady Health System Social Worker

- Katrina McAfee, MSW, 404-616-8406

Transportation:

- **Medicaid Transportation** – For people enrolled in the Medicaid program and need to get to and from health care appointments. The Non-Emergency transportation program provides a way for Medicaid recipients to get that transportation. You must arrange transportation ahead of time, 3 BUSINESS DAYS BEFORE THE ACTUAL APPOINTMENT. When your appointment is over, just contact the number given to pick you back up. You will need to have your child’s Medicaid number handy when making the call. Contact a social worker should you have any problems or questions regarding Medicaid transportation.

NOTE: You will need to have your child’s Medicaid number when calling to use this service.

Southeast Transportation: 404-209-4000

Logistic Care of Georgia: 1 888-224-7981, 7988 or 7985



Financial Resources:

1. [Student Health Insurance Program](#) (SHIP) or check directly with your college/university.
2. [Affordable Care Act Coverage](#)/Health Insurance Market/Obamacare.
3. If you/your child have marked to severe limitations due to your condition you can apply for SSI/Disability by calling **1-800-772-1213** to schedule an appointment. A kit is attached, or for more information go to **www.ssa.gov**
4. Employers now allow parents to provide coverage for your children until age 26. Parents should consider adding son/daughter to your policy.
5. Many employers offer insurance for employees who work anywhere from 20 hours/week to full-time.
6. Your local Children's Medical Services/CMS Office can help pay for appointments and medications specifically related to his/her Diagnosis until age 20. You can also have CMS along with your health insurance coverage.
7. Grady Health System does provide medical care to people who do not have medical coverage. Fulton and DeKalb residents may be eligible for the Grady Health System Financial Assistance Program. Please contact their Patient Financial Services at **(404) 616-2991, M-F 8 a.m. to 4:30 p.m.**, if you would like to transfer your care to them.
8. Visit the [Charitable Care Network](#) to search for **free** clinics in your area.
9. Most Pharmaceutical Companies offer assistance for their medications for up to a year free. Search for your medications at [www.rxassist.org](#) or [www.rxhope.com](#), or [www.goodrx.com](#). The doctor who prescribed the medicine may have to complete and sign the application.

Education Transition

High school → College

Google [www.gafutures.org](#) to explore and plan for college. You will need to create an account to research Hope and State Aid Programs, Federal Aid and Scholarships, College Planning, Career Exploration and more. You can create an account as early as grade 9 to start college planning.

Admissions counselors for selected colleges and universities:

- Fort Valley State University: Jamyah Cox at Jamyah.cox@fvsu.edu or 478-508-2558
- West Georgia Technical College: Zelma Jones at Zelma.jones@westgatech.edu or 770-824-5241
- Georgia State University: Donna Frazier at dfrazier8@gsu.edu or 470-633-9368
- Chattahoochee Technical College: Sarah McDaniel at sarah.mcdaniel@chattahoocheetech.edu or 770-528-3979
- Columbus State University: Taylor King at king_taylor1@columbusstate.edu or 706-507-8876



- Clayton State University: Shuntavia James at shuntaviajames@clayton.edu or 404-938-9119
- Georgia Southern University: Eli Hall at elihall@georgiasouthern.edu or 706-945-2656
- Hampton University: Kelsey Rountree at keksey.rountree@hamptonu.edu or 757-637-2325
- Atlanta Technical College: Mattie Goss at mgoss@atlantatech.edu or 470-597-2625
- Savannah College of Art and Design (SCAD): Raquel Barnett at rbarnett@scad.edu or 404-253-1725
- Jackson State University: Wendell Fountain at Wendell.I.fountain@jsums.edu or 601-979-2461
- Albany State University: Cynthia Mensah at Cynthia.mensah@asurams.edu or 229-500-2943 or 2290376-7265
- University of West Georgia: Amanda Galagarza at adm-agalaga1@westga.edu
- Atlanta Metropolitan State College: Shari Speller at sspeller@atlm.edu or 678-623-1159

High school → Vocational or career readiness

If you have an IEP, when you graduate from high school with a regular diploma or “ages out” of special education, IDEA requires the school to provide a “summary of academic achievement and functional performance.” The Summary of Performance (SOP) should include recommendations about ways to help meet post-secondary goals.

The Vocational Rehabilitation (VR) Program helps eligible individuals with physical and/or mental disabilities obtain and/or maintain employment in a competitive integrated work site. If you want help finding work, contact **1-844-367-4872** or email gvs.georgia.gov. If you are still in school, encourage your parent or advocate for yourself and discuss and work with the IEP team to coordinate the development of the **Individualized Plan for Employment (IPE)** with the transition goals in the IEP. They need to be consistent. This is for students who are looking to work after high school.

Career Readiness Program

YearUp at yearup.org. You need to be a high school graduate or GED and be 18-26 years old for eligibility. The contact person in Atlanta is **Corey Johnson** at **470-270-5860** and/or email cjohnson01@yearup.org.

Community-Based Support

Sickle Cell Disease Foundation Contacts

Community Health Workers

Danina Battle, CHW
404-662-9640
Angelica Rivera, CHW
404-984-9923

Information

Sickle Cell Foundation of Georgia
404-755-1641
404-662-8203 (mobile)



Adult Sick Cell Providers

Morgan McLemore, MD

Abeer Abouyabis, MD

Ross Fasano, MD

Fuad El Rassi, MD

Grady Health/Emory University

Sickle Cell Center

80 Jesse Hill Jr. Dr. SE

Atlanta, GA 30303

Office: 404-778-1300

Fax: 404-778-1353

Eldrida Randall – New patient contact

404-778-1300

NP referral process – Email/Fax patient name and transition summary to Eldrida

Celia Mamby, MD

Simbo Aduloju, MD

Georgia Cancer Specialists Hillandale

Affiliated with Northside

2745 Dekalb Medical Parkway

Suite 100

Lithonia, GA 30058

Office: 770-981-5431

Fax: 770-981-5515

NP referral process – Patient calls to make NP appointment and fax copy of transition summary

Douglas Collins, MD

Metro Hematology/Oncology Center

320 Parkway Drive, NE Suite 232

Atlanta, GA 30312

Office: 404-522-0917

404-892-5950

Fax: 404-522-0903

NP referral process – Patient call to make appointment. Provider to fax demographics and transition summary.

L. Crain Garrot, MD

GA Cancer Specialists Kennestone

affiliated with Northside

790 Church Street Suite 335

Marietta, GA 30060

Office: 770-590-8311

Fax: 770-339-9577

NP referral process – Patient calls to make NP appointment and fax copy of transition summary.

Carmen Klass, MD

Northwest Georgia Oncology Centers

340 Kennestone Hospital Boulevard

Suite 200

Marietta, GA 30060

Office: 770-281-5100

Fax: 678-581-7100

Quin – New patient contact

NP referral process – Patient call and make appointment. Provider to fax insurance card, demographics and transition summary.

Satvir Singh, MD

Suburban Hematology/Oncology Assoc

Lawrenceville Office

631 Professional Drive

Lawrenceville, GA 30046

Office: 770-963-8030

Fax: 770-339-9577

Latonya and Keleigh – New patient contact

NP referral process – Referral letter, demographic and medical summary sent to office. Office will contact patient with new patient appointment.

Aaron Alizadeh, MD

Jayanthi Srinivaslah, MD

Simbo Aduloju, MD

Georgia Cancer Specialists – Affiliated

Northside

Stemmer Building

2712 Lawrenceville Highway

Decatur, GA 30033

Office: 770-496-5555

William Jones, MD

Atlanta Hematology and Oncology Assoc

Affiliated with Piedmont

105 Collier Road NW

Suite 3040

Atlanta, GA 30309

Office: 404-350-9853

Fax: 404-350-8407



Fax: 770-939-2887

NP referral process – Patient calls to make NP appointment and fax a copy of transition summary.

Dr. Sreekanth Reddy, MD
Atlanta Cancer Care
1505 Northside Blvd.
Cumming, GA 30041
Office: 770-205-5292
Fax: 770-205-5291

NP referral process – Patient must first establish care with Piedmont PCP. The PCP must then refer the patient to hematology.

Anthony Onyegbula, DO
Center of Hope for Cancer & Blood Disorders
7444 Hannover Pkwy Suite 150
Stockbridge, GA 30281
Office: 770-629-2337
Fax: 888-328-6761

NP referral process – Patient calls to. Make appointment and fax transition summary.

