

# Strong4Life Obesity Treatment Clinic



**Children's**  
Healthcare of Atlanta

## Primary care provider (PCP) referral guidelines

The Strong4Life Clinic at Children's Healthcare of Atlanta is dedicated to the multi-disciplinary approach to obesity treatment. The clinic offers lifestyle, medications and bariatric surgery treatment options. Patients are placed on a treatment track which includes medical provider, dietitian and exercise physiologist visits. All tracks include teaching kitchen and activity experiences. Children may also see the clinic psychologist if needed.

### Referral criteria

- Children and adolescents, ages 2 to 20
- Diagnosis of Class 3 obesity (BMI >140th of 95th percentile)
- Diagnosis of Class 2 (BMI >120th of 95th percentile) with obesity with a weight-related comorbidity (e.g., prediabetes, dyslipidemia or steatotic liver disease, obstructive sleep apnea, PCOS, HTN)
- Interest in bariatric surgery (must meet surgery qualifications)

### Bariatric surgery qualifications:

- BMI >40
- BMI >140<sup>th</sup> of 95<sup>th</sup> percentile
- BMI >120<sup>th</sup> of 95<sup>th</sup> percentile with at least one significant weight related comorbidity

### Scheduling process

Families MUST complete the new patient forms to be placed in line for a clinic appointment. Forms may be accessed through the link [redcap.link/S4LNewPatient](https://redcap.link/S4LNewPatient) or QR code.



### Referral documents needed

- Recent clinic note, including a BMI
- Growth charts
- Most recent metabolic labs (HbA1C, lipid profile, ALT)

### Scheduling priority

Due to high clinic demand, scheduling priority is given to the following groups.

- Patients with severe Class 3 obesity with multiple comorbid conditions
- Children aged <6
- Adolescents pursuing bariatric surgery

### Referral alternatives

Please consider the following for children who do not meet clinic criteria:

- Relevant specialists (ex. sleep medicine, endocrinology, hepatology, cardiology)
  - Dietitian network for nutritional counseling.
- [Registered-Dietitian-Referral-List.pdf](#)