PROTECT YOUR KIDS WITH VACCINES

The Truth About Vaccines

Vaccines are the best and safest way to protect your kids from vaccine-preventable illnesses including the flu and COVID-19.

Vaccines:
• Are some of the safest and most effective medications we have.
• Do not cause Autism Spectrum Disorder.
• Do not cause you to get sick, and side effects are usually mild.
• Can help pregnant and breastfeeding mothers protect their babies.
• Should be given as recommended by the Centers for Disease Control and Prevention (CDC) schedule.

Remember:
• Everyone who is eligible should get a COVID-19 vaccination.
• Everyone ages 6 months and older should get a flu shot every year.
• A COVID-19 vaccine and a flu vaccine can be given at the same time or at different times.

Ask your child’s doctor about your questions.

Visit choa.org/vaccines to learn more.