

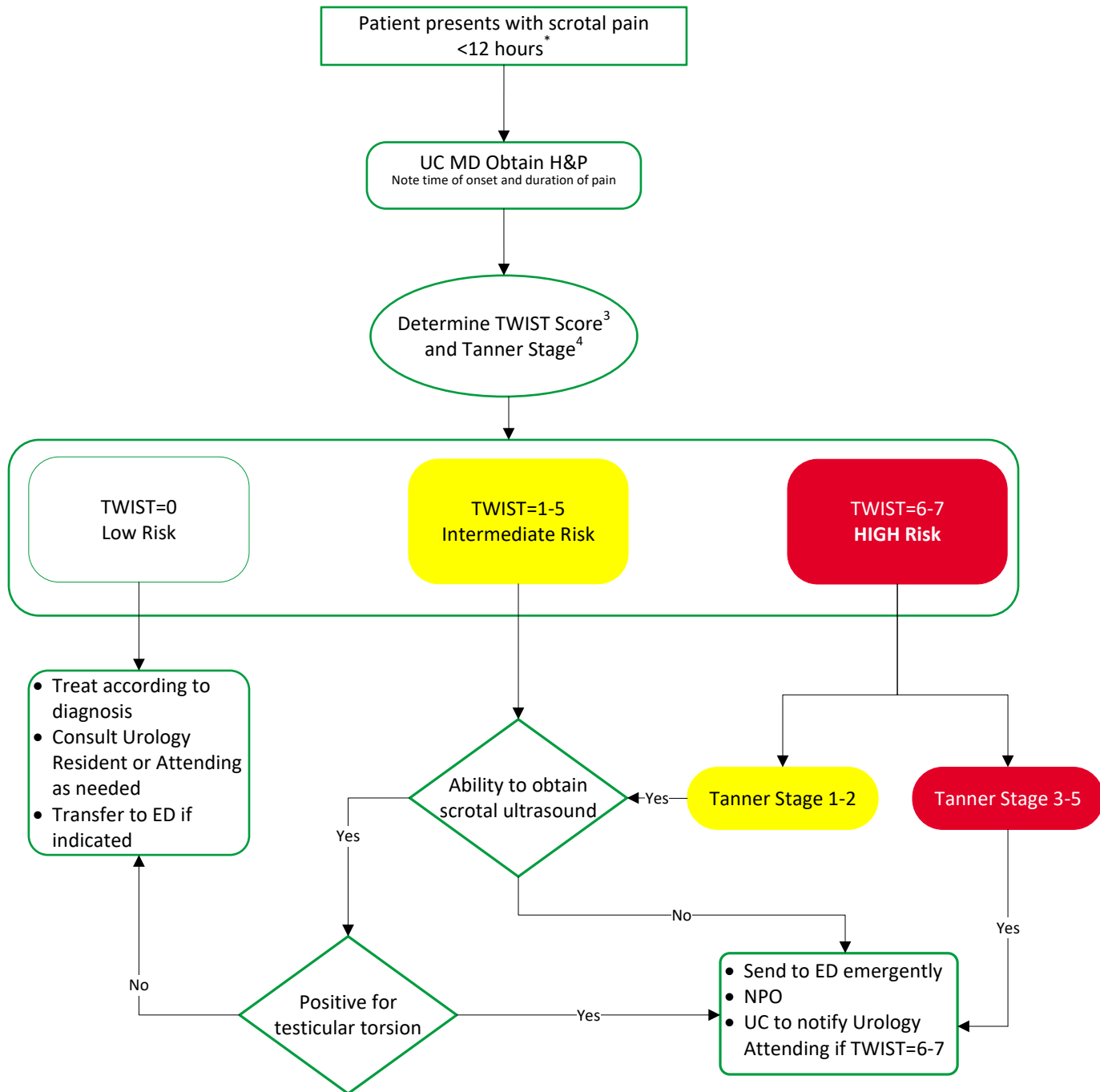
Clinical Practice Guideline for Management of Testicular Torsion In Urgent Care (UC)

Original Publication 5/2018
Updated 4/2022



*Exclusion criteria: pain >12 hours; pain with trauma; antecedent mass present

0 min
Suggested Timeline
60 min



³ TWIST Score		⁴ Tanner Stage	
Symptom	TWIST Points	Tanner Stage	Genitals
Swelling	2	I	Prepubescent (testicular volume <1.5mL; small penis of ≤3cm) – typically ≤9 years old
Hard Testicle	2	II	Testicular volume 1.6-6mL; skin on scrotum thin, reddens and enlarges; penis length ≤3cm – 9-11 years old
Absent Cremasteric Reflex	1	III	Testicular volume 6-12mL; scrotum enlarges further; penis begins to lengthen to about 6cm – 11-12.5 years old
Nausea and/or Vomiting	1	IV	Testicular volume 12-20mL; scrotum enlarges further and darkens; penis increases in length to 10cm and circumference – 12.5-14 years old
High Riding Testis	1	V	Testicular volume >20mL; adult scrotum and penis of 15cm in length – 14+ years old