## Complicated Appendicitis (2B & 2C): Post Operative Management

Clinical Practice Guideline

**REVISED 12/29/21** ORIGINAL 12/15/16

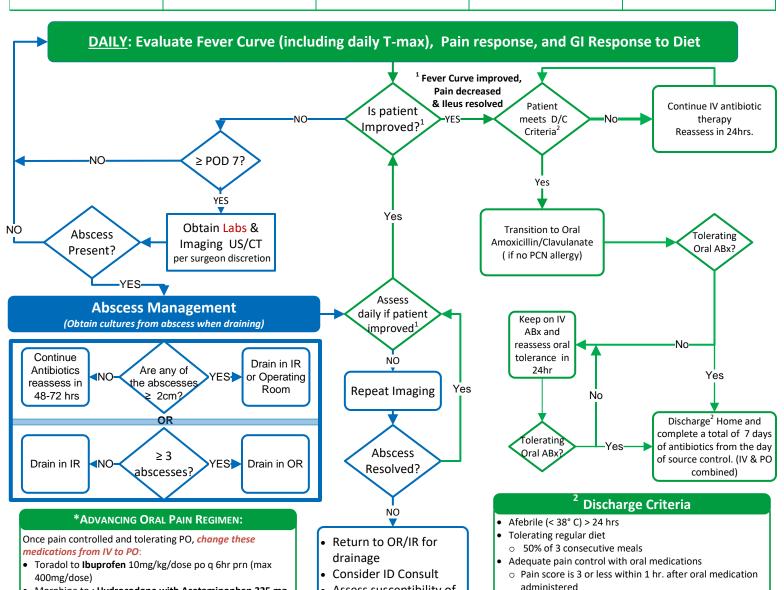


## Appendectomy with a Complicated Appendix (Category 2B & 2C)

2B: Focal perforation - hole clearly in the appendix, focal collection of pus in the right gutter or pelvis, small perf created during extraction, etc.

2C: Gross contamination - purulence throughout abdomen/pelvis, fecal contamination, grossly perforated. Pus outside of RLQ. Diffuse peritonitis. Floating fecalith.

Initial Post-Operative Management							
Antibiotic Therapy	Antibiotic Step Up Therapy	Nutrition/GI	Pain Control*	Activity/Consults			
See table on page 2 for dosing schedule:  • Ceftriaxone  • Metronidazole IF PCN ALLERGY USE: Ciprofloxacin & Metronidazole	,	(NG Not Recommended)  • Clears and advance as tolerated  • When tolerating regular diet and if no stool for 24 hours, consider starting Miralax (max 17gm PO) (see dosing on page 2)  • Advance to oral pain medications* once tolerating regular diet	*Toradol: 0.5mg/kg/dose IV q6hrs (max 30 mg/dose) Max 20 doses     *Morphine: 0.1mg/kg/dose IV q3hr PRN pain if acetaminophen or toradol is not effective	(Routine Labs NOT Recommended)  OOB on day of surgery Consult Child Life Consult PT as needed Consult Nutrition as needed Avoid placing foley, if used in surgery remove on POD 1			



- Morphine to: Hydrocodone with Acetaminophen 325 mg 0.2mg hydrocodone/kg/dose po q6hr PRN pain (max 5mg hydrocodone/dose)
- If discharged on opioids also order Miralax qd X 5 days
- Consider Gabapentin as a discharge medication
- Assess susceptibility of organism to antibiotic
- Patient is off Guideline
- administered
- Benign Abdominal Exam by attending surgeon/designee
- Ambulation without assistance (250 feet)
- If discharging home with a drain, include drainage care instructions

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## **Empiric IV Therapy for Appendicitis**

Empiric IV Treatment						
Indication	Antibiotics	Dose & Schedule	Max Single Dose			
Complicated Appendicitis (CA)	Ceftriaxone And Metronidazole	75mg/kg q 24h IV	2000mg			
		30 mg/kg q 24h IV	1500mg			
Complicated Appendicitis	Ciprofloxacin And Metronidazole	15 mg/kg q 12hr IV	400mg			
with severe penicillin allergy <sup>1</sup>		30 mg/kg q 24h IV	1500mg			
Complicated Appendicitis Step UP Therapy						
Complicated Appendicitis	Piperacillin/tazobactam <sup>2</sup>	100mg/kg q8h IV	4000mg			

<sup>&</sup>lt;sup>1</sup>Type 1 allergy defined by urticaria or anaphylaxis

<sup>&</sup>lt;sup>2</sup>Metronidazole does not need to be added to a regimen with piperacillin/tazobactam since anaerobic coverage is adequate with piperacillin/tazobactam

PO Stepdown Therapy							
Indication	Antibiotic	Dose & Schedule	Max Single Dose				
Complicated Appendicitis	Amoxicillin/Clavulanate Liquid 400mg/5mg for < 40kg	45/mg/kg/day divided BID	875 mg				
(CA)	Amoxicillin/Clavulanate Tablet (875mg) for > 40kg	1 tablet BID	875mg				
Complicated Appendicitis	Ciprofloxacin	15mg/kg q 12h po	500mg				
(CA) with Severe PCN Allergy	And Metronigazole	10mg/kg q 8h po	500mg				

## **MIRALAX DOSING**

When tolerating regular diet and if no stool for 24 hours, consider starting Miralax (max 17 gm PO) AND If discharged on opioids also order Miralax qd X 5 days

- Age 1-5 years 4.25 grams (1/4 capful)
- Age 6-11 years 8.5 grams (1/2 capful)
- Age 12 and up 17 grams (1 whole capful)