

Using the internet for quality healthcare information

The internet can be a very useful tool when searching for healthcare information. But it can also be quite confusing and some sites may not have accurate, up-to-date information.

The best way to get reliable information from the internet is to contact one of our Family Librarians at Children's at Egleston or Children's at Scottish Rite. They are experts at finding quality resources for families and are glad to assist you. There is no cost for using our Family Library services.

- For the Family Library at Egleston, please contact Vandie Enloe at vandie.enloe@choa.org or phone 404-785-2166.
- For the Max Brown Family Library at Scottish Rite, please contact Patsy Rann at patsy.rann@choa.org or phone 404-785-2192.

Healthcare sites on the internet

In order to assess a site for healthcare information, it's a good idea to find out:

- Who sponsors the site? Does it come from a reliable, nationally recognized source?
- Who wrote the information? Is it accurate and factual or is it someone's opinion or personal experience?
- Is the information current? When was it written or last revised?
- Does the site provide reputable references?
- Is the site easy to use and navigate?
- Is the information clear, concise and easy to read and understand?

You can find more information about how to evaluate the internet for quality healthcare information on the Medical Library Association's website at <http://www.mlanet.org/resources/userguide.html>.

The Medical Library Association also has useful information on how to understand the specialized language of health professionals. A medical glossary entitled, *How to Decipher Medspeak*, is available on their website at <http://www.mlanet.org/resources/medspeak/index.html>.

Consumer health sites of interest on the Web

Besides our Children's Healthcare of Atlanta's website, a few other selected websites are listed here to help meet your healthcare information needs.

Please note: *Children's Healthcare of Atlanta has not reviewed all of the sites listed as resources and does not make any representations regarding their content or accuracy. Children's Healthcare of Atlanta does not recommend or endorse any particular products, services or the content or use of any third party websites, or make any determination that such products, services or websites are necessary or appropriate for you or for the use in rendering care to patients. Children's Healthcare of Atlanta is not responsible for the content of any of the above-referenced sites or any sites linked to these Sites. Use of the services referenced and/or links provided in this manual is at your sole risk.*

Web address	Organization	Type of information
	Asthma and Allergies	
www.aaaai.org	American Academy of Allergy, Asthma	Consumer information on allergies and asthma

	and Immunology	
www.lungusa.org	American Lung Association	Health information about asthma, lung diseases, smoking, research and advocacy.
Brain, Spinal Cord and Nerves		
www.biausa.org	Brain Injury Association of America	Consumer information on brain injury
www.ninds.nih.gov	National Institute of Neurological Disorders and Stroke	Consumer information on problems with the nervous system
www.spinalcord.org	National Spinal Cord Association	Consumer information on spinal cord injury
Clinical Trials and Best Practices in Medicine		
http://www.guidelines.gov	National Guideline Clearinhouse	Best practice guidelines in medicine
www.clinicaltrials.gov	National Institutes of Health	Basic information on clinical trials
Cancer		
www.cancer.org	American Cancer Society	Consumer information on cancer
www.cancer.gov **	National Cancer Institute	Consumer information on cancer
www.oncolink.upenn.edu	University of Pennsylvania	Consumer information on cancer
Diabetes		
www.diabetes.org	American Diabetes Association	Consumer information on diabetes
www.niddk.nih.gov	National Institute of Diabetes and Digestive and Kidney Disorders Healthcare Organizations	Information on diabetes, stomach and kidney problems
Disabilities		
www.disabilityresources.org	Disability Resources, Inc.	Listings and links to disability information and resources
www.nichcy.org	National Dissemination Center for Children with Disabilities	Information on the Individuals with Disabilities Education Act and special education services
General Health		
www.aap.org	American Academy of Pediatrics	Information on common pediatric topics
www.cdc.gov **	Centers for Disease Control	National site for health and disease information

www.familydoctor.org **	American Academy of Family Physicians	Family health information
www.healthfinder.gov **	U.S. Dept of Health and Human Services	Gateway to many consumer health sites, including links to professional organizations
www.kidshealth.org **	The Nemours Foundation	Pediatric health information
www.mayohealth.org **	Mayo Foundation	Variety of topics on health and illness
www.medem.com **	Medem, Inc.	Variety of topics on health and illness created in association with many professional organizations, including AAP and AMA
www.medlineplus.gov **	National Library of Medicine	Comprehensive consumer health information site – includes drug information
www.merck.com	Merck & Co. Inc.	Merck manual, Dorland's Medical Dictionary, A.D.A.M. and other resources
www.health.nih.gov	National Institutes of Health	Consumer Health Information
www.noah-health.org **	Noah (New York On Line Access to Health)	Consumer Health Information
www.rarediseases.org	National Organization of Rare Diseases	Index of rare diseases with links to information, resources and organizations
Child Development and Parenting		
www.brightfutures.org	Bright Futures at Georgetown Univ.	Information to promote and improve children's health
www.childcareaware.org	Child Care Aware	Information on quality child care in the community
Food and Nutrition		
www.la lecheleague.org	LaLeche League International	Information on breast feeding
www.nutritionexplorations.org	National Dairy Council	Nutrition and food information site for kids, parents and schools
http://www.eatright.org	American Dietetic Association	Nutrition and food information site for consumers
Heart		
www.americanheart.org	American Heart	Information on heart disorders and

	Association	stroke
www.nhlbi.nih.gov	National Heart, Lung and Blood Institute	Information on heart, lung and blood disorders, including government clinical trials.
Home Care Resources		
http://www.medicalhomeinfo.org/	American Academy of Pediatrics	Information on medical homes from the National Center of Medical Home Initiatives for Children with Special Needs
Kidneys		
www.niddk.nih.gov	National Institute of Diabetes and Digestive and Kidney Disorders Healthcare Organizations	Information on diabetes, stomach and kidney problems
www.kidney.org	National Kidney Foundation	Information on kidney disease, dialysis and transplants.
Kid's and Teen's Health Sites		
www.nutritionexplorations.org	National Dairy Council	Nutrition and food information site for kids, parents and schools
www.kidshealth.org	The Nemours Foundation	Pediatric health information
www.usda.gov/news/usdakids/index.html	United States Department of Agriculture	Nutrition and food information site for kids
www.hhs.gov/kids	United States Department of Health and Human Services	Health information and interactive activities from various federal agencies for kids
Lab Tests and Results		
www.labtestsonline.org	Lab Tests Online	Information about lab tests and what the results of lab tests mean
Lungs and Breathing		
www.lungusa.org	American Lung Association	Health information about asthma, lung diseases, smoking, research and advocacy.
Regulatory and Government Sites		
www.cms.hhs.gov	Centers for Medicare and Medicaid Services	Medicare and Medicaid information
http://www.hhs.gov/ocr/hipaa/	Health Insurance Portability and Accountability Act (HIPAA)	Information on privacy rights in healthcare
www.jcaho.org	Joint Commission on Accreditation of	Hospital accreditation information

	Healthcare Organizations	
http://www.jointcommission.org/PatientSafety/NationalPatientSafetyGoals/07_hap_cah_npsgs.htm	National Patient Safety Goals	Consumer information on safety goals in hospitals
Stomach and Digestion		
www.niddk.nih.gov	National Institute of Diabetes and Digestive and Kidney Disorders Healthcare Organizations	Information on diabetes, stomach and kidney problems
Vaccines and Immunizations		
www.immunize.org	Immunization Action Coalition	Immunization information
http://www.cdc.gov/nip/	Centers for Disease Control	Immunization information

NOTE: The asterisk (**) notes those sites that are on the Medical Library Association's Top 10 Useful Consumer Health Sites.