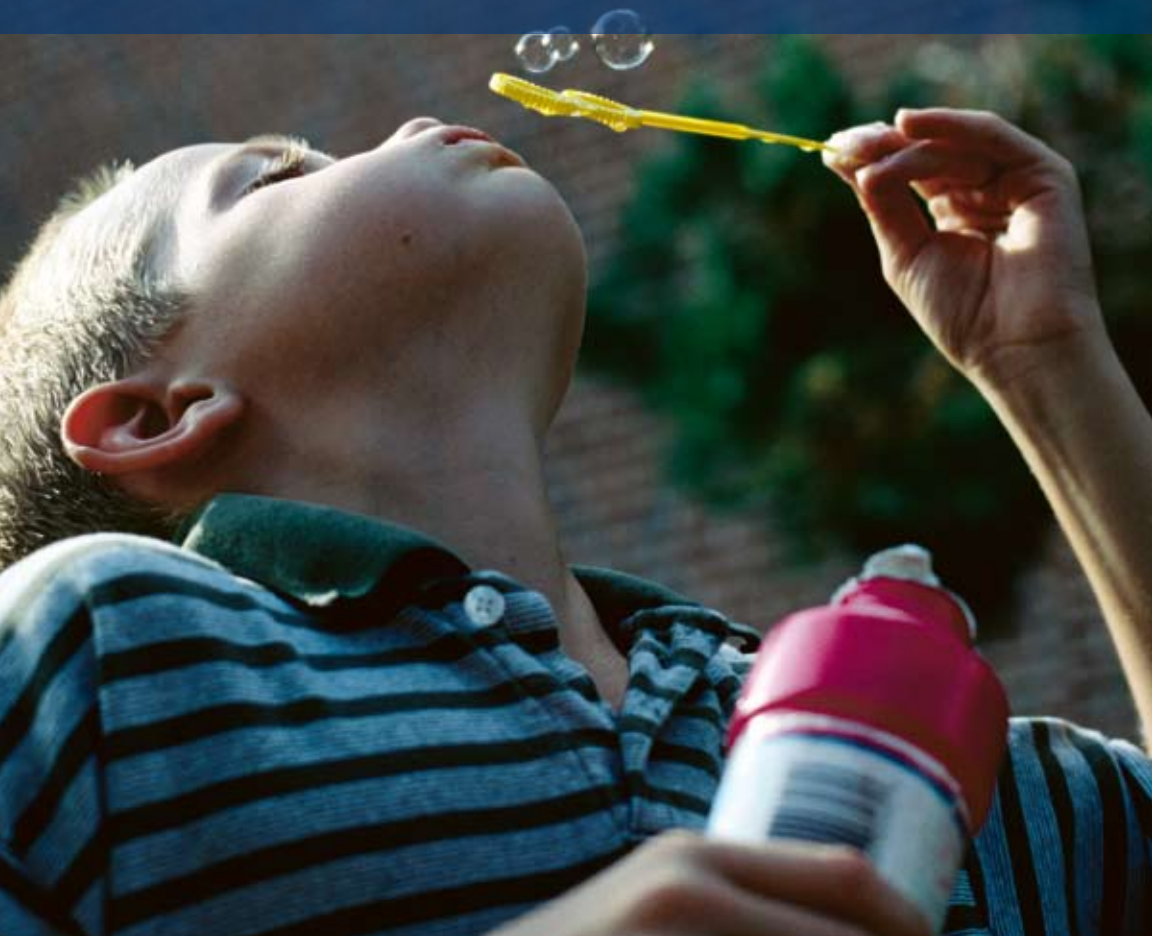


# Children's Surgery Center at Meridian Mark Plaza



Children's Healthcare of Atlanta  
Surgery Center at Meridian Mark Plaza LLC

5445 Meridian Mark Road NE, Suite 340  
Atlanta, GA 30342-4766

404-785-5650

[www.choa.org/mmsurgery](http://www.choa.org/mmsurgery)



**Children's**<sup>®</sup>  
Healthcare of Atlanta

# Welcome

Thank you for choosing the Children's Healthcare of Atlanta Surgery Center at Meridian Mark Plaza for your child's surgery. From the specially trained staff to our advanced medical equipment and child-friendly waiting areas, the surgery center is designed to care for your child and support your family.

## Before you Arrive

- A preanesthesia/surgery health history form is required before surgery. If you have not already done so, you may complete the form online at [www.choa.org/mmsurgery](http://www.choa.org/mmsurgery) or by calling 404-785-5615.
- Patients are not routinely scheduled for visits before surgery. If your child's condition requires a visit, we will work with you to make an appointment.
- One to two days before surgery, a staff member will contact you to confirm the time of surgery and give you instructions for your child for the day of surgery.
- Your child cannot eat or drink for several hours before the procedure—not even gum, hard candy or a sip of water. If you do not follow these instructions, it could cause serious problems and put your child's health at risk.
- No jewelry or hair accessories with metal are allowed in the operating room. Remove all jewelry, including earrings, prior to your arrival.
- Make sure to bring your insurance card, any paperwork your child's doctor has given you and a list of your child's current medications, including dosages.
- A legal guardian must sign both the doctor and surgery center consent forms. We cannot perform the surgery if these are not signed.
- If possible, make day care arrangements for your other children for the day of the procedure.
- If your infant or toddler is having surgery, bring a bottle of juice and formula for after the procedure.

## Helping Your Child Prepare for Surgery

- Help your child feel more in control of the situation by offering choices before you leave home such as what to wear or what to bring.
- Put your child at ease by showing your confidence, not your concerns. Answer any questions honestly and in age-appropriate words. Listen to your child's comments, be sensitive to hidden fears and assure your child that illness and medical treatment are not punishments.
- Visit [www.choa.org/mmsurgery](http://www.choa.org/mmsurgery) for a photo tour of the surgery center.

## When you Arrive

- After completing the registration process, you and your child will be called to go to your child's assigned room in the preoperative (pre-op) area. You and your child will be called in the order of your child's surgeon's schedule.
- Two family members can go with your child to the pre-op area.
- We offer a TV with video games and other toys and games to keep you and your family members busy in the waiting room.
- There is no eating or drinking allowed in the waiting and pre-op area.

## What to Expect Before Surgery

- The pre-op area looks like a hospital, with an open area in the middle where the nurses and other staff work. The rooms have glass doors and curtains you can close for privacy.
- Your child can choose a toy from our toy cupboards. He can take it home to keep after surgery.
- Before surgery, your child's weight and vital signs (temperature, blood pressure and heart rate) will be measured. Your child may be given medicine to make him more comfortable after surgery.

## In the Operating Room

- One parent may be able to accompany your child to the operating room. This will be determined by a member of the anesthesia team on the day of surgery. As a general rule, this is for children ages 6 months to 12 years.
- The operating room is a full, hospital-style operating room with lots of medical equipment. If you feel like this might make you nervous or upset, let our staff know. It is usually harder for the parent than it is for the child.
- Remember, your goal is to make the procedure easier for your child. It is better for him to hear a reassuring “see you later” from you in pre-op than a tearful goodbye in the operating room.
- If you do go into the operating room, you will be allowed to stay there with your child until he goes to sleep from the anesthesia.



## Anesthesia

- Anesthesia is medicine that lets a part of the body, or the whole body, go to sleep before and during a procedure.
- An anesthesiologist is a doctor who gives the “sleep medicine” to your child.
- Anesthesia is given to your child using a clear plastic mask that covers his nose and mouth. It is not at all painful.
- When your child lies on the operating table, the mask is held to his face. The gas is fruit-flavored, but it still may not smell good. If your child struggles, the anesthetist will have to hold the mask more tightly to his face. It is important that your child receives the right amount of gas.
- Depending on the procedure, your child may be given intravenous medicine and fluids through an I.V. tube in his arm while he is asleep. The I.V. will still be in his arm when he wakes up.
- A staff member from our Anesthesiology department will talk to you about caring for your child when he wakes up.
- Anesthesia services are billed separately from other charges. Call your insurance company to verify coverage for the anesthesia professional fees.

## While Your Child is in Surgery

- Your child’s doctor will tell you how much time the procedure should take.
- Your child’s scheduled surgery time is an estimate. It is important that we take as much time as necessary with each patient, so delays can occur. If you have any questions or concerns about this, talk to a staff member.
- You can wait for your child in the postoperative (post-op) area. Two family members are allowed in the post-op area. These rooms are similar to those in the pre-op area or you may go to the waiting area if your child’s procedure takes more time.
- One parent or guardian must remain in the surgery center at all times.

## After Surgery

- After surgery your child may be taken to the recovery room where he will be closely monitored. Parents cannot come into this area. When your child is ready he will be brought to the post-op room. At this point he will be awake but probably still sleepy.

- When your child wakes up he will be offered clear liquids to drink. If your child has a favorite cup, sippy cup or bottle, bring it with you.
- The nurses will check your child’s wakefulness, ability to drink and keep down liquids, and pain control. Sometimes, children feel sick to their stomachs from the anesthesia and surgery. If your child does experience sickness, the healthcare team will be available to care for him.
- Encourage your child to sip small amounts of liquid or to chew on ice chips provided by the nurse.
- Don’t be alarmed if your child acts upset (crying, screaming, thrashing) as the anesthesia wears off. This is a very common side effect.
- Your child’s doctor will talk with you while you are in post-op. A nurse will write down the information you need to care for your child at home.
- Your child’s stay after surgery is dependent on the procedure. It may be as quick as 10 minutes, or for more extensive procedures, it may last several hours.

## General Information

- Games and videotapes are available for your child’s use. Ask the receptionist or another staff member.
- A pharmacy is located on the first floor. It accepts most insurance and sells snacks.
- You may use your cell phone in the lobby, and we also offer phones for parent use.
- The nearest ATM is located on the ground floor of Children’s at Scottish Rite.
- Park in garage underneath the building.
- There is a parking fee. The parking attendant accepts checks, cash and credit cards.
- Eating is allowed only in the post-op areas or by the elevator.
- Baby-changing areas and diaper trash bins are located in each bathroom.
- We do not have a cafeteria in the building. The building does have a vendor service from 11 a.m. to 1 p.m., located near the P1 elevator lobby. Soda, coffee and a vending machine are available in the surgery center.

## Patient and Parent Rights and Responsibilities

Children’s Healthcare of Atlanta is committed to providing quality care as promptly and courteously as possible. You should know your child’s rights as a patient and your rights and responsibilities as a parent. These rights can be found at [www.choa.org/mmsurgery](http://www.choa.org/mmsurgery). Here is a brief summary of these rights.

You have the right to:

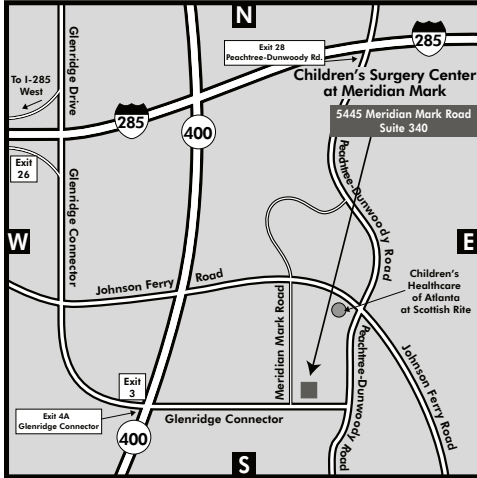
- Respect, emotional support, and confidentiality and security of information that supports you as a family.
- Fair and respectful access to resources necessary for you and your child’s care without regards to race, color, creed, national origin, sex, handicap or, in case of emergency treatment, source of payment.
- Receive information and instructions in ways that are understandable to you.
- Talk openly with your child’s doctor, who may be part owner of the surgery center, and understand your child’s diagnosis and treatment planned prior to signing the surgical consent.
- Privacy with regard to protected health information (HIPAA).
- Be free from all forms of abuse or harassment.
- Take steps to resolve grievances (complaints).

Adult patients (18 years and older) have the right to consent to, alter or refuse treatment and create an advanced directive, which is a document that express patient’s wishes about care in the event that they become unable to communicate.

# Numbers and Directions

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MAP NOT DRAWN TO SCALE

### Important Phone Numbers

Children's Surgery Center at Meridian Mark Plaza

General information.....	404-785-5650
Fax.....	404-785-5610
Preoperative assessment nurse.....	404-785-5615
The Children's Anesthesia Services.....	404-785-5930
Billing.....	404-785-5589
Insurance.....	404-785-5466

### Directions

#### Traveling on GA-400 North:

- Exit 4A Glenridge Connector
- Turn right off exit
- At first light, turn left onto Meridian Mark Road
- Make an immediate right turn into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 340

#### Traveling on GA-400 South:

- Exit 3 Glenridge Connector
- Turn right off exit
- At second light, turn left turn onto Meridian Mark Road
- Make an immediate right into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 340

#### Traveling on I-285 West:

- Exit 28 Peachtree-Dunwoody Road
- Turn left off exit and go about 0.25 mile
- At light, turn right onto Johnson Ferry Road
- At next traffic light, turn left onto Meridian Mark Road
- Meridian Mark Plaza is the last building on left
- Turn left into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 340

#### Traveling on I-285 East:

- Exit 26 Glenridge Connector
- Turn right off exit
- At fourth traffic light, turn left onto Meridian Mark Road
- Make immediate right turn into Meridian Mark Plaza
- Park in garage underneath building
- Take elevator to third floor, go to Suite 340

Some physicians and affiliated healthcare professionals who perform services at the Children's Healthcare of Atlanta Surgery Center at Meridian Mark Plaza LLC are independent providers and are not our employees.

The Children's Healthcare of Atlanta Surgery Center at Meridian Mark Plaza LLC is an affiliate of Children's. It is a joint venture with Children's at Scottish Rite as the majority owner and physician investors as partners.

As a not-for-profit organization, Children's Healthcare of Atlanta produces materials in-house using the most cost-efficient paper and printing techniques.



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