



Radiology Department Patient Preparations

Please contact the Radiology Department with any questions or concerns regarding the patient procedure preps below.

NUCLEAR MEDICINE PREPS

Exam	Patient Age	Preparation
Bone Density Study, Bone Scan, DMSA Renal Scan, Gallium Scan	All ages	<ul style="list-style-type: none"> No test involving Barium for 24-48 hours prior to nuclear medicine test
Liver scan, DPTA Renal Scan (MAG-3 or DTPA), Nuclear Cystogram	All ages	<ul style="list-style-type: none"> No Prep
Brain Scan	All ages	<ul style="list-style-type: none"> Sedation may be necessary to do movement allowed--please see MRI Preps for sedation preparation. No test involving barium for 24-48 hours prior to nuclear medicine test.
Cardiac Scan (rest/exercise)	All ages	<ul style="list-style-type: none"> Please contact the Radiology Department for medication restrictions. Nothing to eat or drink six hours prior to the exam. No test involving barium for 24-48 hours prior to nuclear medicine test. No caffeine for 24 hours prior to test.
Cerebral Spinal Fluid (CSF) Shunt Function	All ages	<ul style="list-style-type: none"> No Prep
Gastric Emptying Scan	All ages	<ul style="list-style-type: none"> Nothing to eat or drink six hours prior to the exam. No test involving barium for 24-48 hours prior to nuclear medicine test.
GE Reflux Scan	All ages	<ul style="list-style-type: none"> Nothing to eat or drink six hours prior to the exam. No test involving barium for 24-48 hours prior to nuclear medicine test.
GFR	All ages	No prep
GI Bleed Scan	All ages	<ul style="list-style-type: none"> Nothing to eat or drink six hours prior to the exam. No test involving barium for 24-48 hours prior to nuclear medicine test.

Hepatobiliary (HIDA)	All ages	<ul style="list-style-type: none"> • Nothing to eat or drink for 6 hours prior to the test • No opiate containing medications for 24 hours prior to the test (call Radiology department with questions) • No test involving Barium 24-48 hours prior to the exam
Leukocyte Scan/Infection Imaging	All ages	<ul style="list-style-type: none"> • No prep
Lung Scan Perfusion	All ages	<ul style="list-style-type: none"> • No Prep
Lymphatic Imaging	All ages	<ul style="list-style-type: none"> • No prep
Meckel's Scan	All ages	<ul style="list-style-type: none"> • Nothing to eat or drink 4 hours prior to the exam
MIBG Scan	All ages	<ul style="list-style-type: none"> • Please call the Nuclear Medicine Department for pre-medication instructions
Salivagram	All ages	<ul style="list-style-type: none"> • Nothing to eat or drink 3 to 4 hours prior to exam.
Thyroid Scan	All ages	<ul style="list-style-type: none"> • Off all thyroid medicines 6 weeks prior to test. • No x-ray tests involving contrast for 6 weeks prior to test.

PLEASE NOTE: IF A CHILD IS 4 YEARS OLD OR YOUNGER, SEDATION MAY BE REQUIRED FOR THE EXAM. IF SEDATION IS REQUIRED, BE SURE TO FOLLOW THESE FEEDING INSTRUCTIONS:

- **SIX HOURS BEFORE EXAM: NO MILK, FORMULA, SOLID FOOD OR ORANGE JUICE. MAY HAVE CLEAR LIQUIDS SUCH AS WATER, BROTH, GATORADE, POPSICLES AND JELLO WITHOUT FRUIT.**
- **FOUR HOURS BEFORE EXAM: NO BREAST MILK, CLEAR LIQUIDS ONLY. CLEAR LIQUIDS INCLUDE APPLE JUICE, PEDIALYTE, GATORADE, WATER, CLEAR BROTH, POPSICLES AND JELLO WITHOUT FRUIT.**
- **TWO HOURS BEFORE EXAM: NOTHING BY MOUTH (NO FOOD, GUM, HARD CANDY OR LIQUIDS)**