



Sports Medicine Program Concussion Warning Signs

Children's Emergency Rooms:

Children's at Egleston

1405 Clifton Rd NE
Atlanta, GA 30322
404-785-6000

Children's at Hughes Spalding

35 Jesse Hill Jr. Dr SE
Atlanta, GA 30303
404-785-9500

Children's at Scottish Rite

1001 Johnson Ferry Rd NE
Atlanta, GA 30342
404-785-5252

Concussion Clinic:

404-785-5998
www.choa.org/concussion

Sports Medicine Program:

404-785-6880
www.choa.org/sportsmed

Date: _____

_____ has suffered a blow to the head, which is considered a concussion or head injury. Even if your child is alert, conscious and shows no signs of brain injury now, symptoms can be delayed. A serious problem can still occur, leading to permanent disability or even death. Some things to remember:

- Sometimes, after even a mild head injury, vessels in the brain begin to bleed. The brain then slowly accumulates blood.
- This causes excess pressure on the brain.
- It can occur hours or even days after a head injury.

Follow these guidelines along with advice from your doctor and/or certified athletic trainer:

- Do not leave your child alone for the first 24 hours after the injury.
- Call 911 if you have an urgent concern or if your child is in distress.
- Take your child to an emergency department **immediately** if you observe any of these signs:
 - Blood or watery fluid draining from the ears or nose
 - Unequal or dilated (large) eye pupils
 - A blank stare or child appears dazed and confused
 - Slurred speech that is hard to understand
 - Droopy face or jaw
 - Increased swelling along the scalp
 - Trouble waking up the next morning
 - Increased irritability
 - Double or blurred vision
 - Decreased coordination or weakness
 - Vomiting
- Contact your child's physician or someone who specializes in concussions if your child has:
 - Persistent headaches
 - Problems understanding directions
 - Difficulty remembering things
 - Trouble speaking or concentrating

These guidelines are general information only. They are not meant to be specific medical advice for your child. **If something else unusual occurs, or if you have an urgent concern, call 911 or take your child to an emergency department immediately.**

Certified athletic trainer name/contact: _____

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