



About the SCD Risk Assessment Forms

American Heart Association (AHA) Statement 2007

[AHA Scientific Statement Recommendations and Considerations Related to Preparticipation Screening for Cardiovascular Abnormalities in Competitive Athletes: 2007 Update]

- This document will guide you through the latest information from the American Heart Association on screening young athletes to identify or raise suspicion of abnormalities that could cause disease progression or sudden death, including medicolegal considerations and complete bibliography. A table on page 1646 [page five of the downloadable PDF provided] includes the recommendations for screening.

American Academy of Pediatrics (AAP) Preparticipation Physical Evaluation (PPE) Form

- This form was originally designed by the American Academy of Family Physicians, the American Academy of Pediatrics, the American College of Sports Medicine, the American Medical Society for Sports Medicine, the American Orthopedic Society for Sports Medicine and the American Osteopathic Academy of Sports Medicine in 2004.
- Page one includes a complete history to be completed by the physician or, if completed by the family, then reviewed by the physician. Questions five through 14 include those that can highlight the need for further evaluation for cardiovascular risk. Page two includes the physical evaluation form, signed by the physician. Page three is the Clearance form, listing clearance without restriction, clearance with recommendations for further evaluation or treatment, or lack of clearance for all sports or certain sports, emergency information and physician signature. This form is required for high school sports and recommended for all competitive sports.

Pediatric Sudden Cardiac Death (SCD) Risk Assessment Form

- This form is being recommended by pediatric cardiologists at Children's and the Children's Sibley Heart Center. It can be used by any healthcare provider at any time for patients from birth to age 21.
- Many of the children at risk will have symptoms at some time which could be discovered on periodic review history. This also educates parents about potential risk factors. Some conditions that can put a child or adolescent at risk for sudden cardiac arrest can affect the child before adolescence and not all children will receive preparticipation physicals. Therefore, the Children's cardiologists recommend a periodic history, using this form at least four times during the well-child continuum, to identify those children at the earliest possible time so that referral and treatment can be timely.
 - During the newborn period (for pertinent family history)
 - During physicals for children ages 6 to 8
 - During the middle school years
 - During high school, especially for nonathletes
 - Whenever episodes of unexplained fainting, near-fainting or seizure activity occur

Call the Cardiac Call Center at 404-256-2593 or 800-542-2233 if you have any questions. Visit www.choa.org/projects/save for more information about the Children's programs to prevent sudden cardiac death.

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