

Children's Sports Medicine Program

Phone: 404-785-6880 • Fax: 404-785-5700 • www.choa.org/sportsmed • For locations (over)



Patient's name: _____ Date: _____ 20 ____ ICD9 Code: _____

Diagnosis: _____

Precautions/specific instructions: _____

Evaluate and Treat

GAIT TRAINING

- Crutches
- Walker
- Nonweight bearing
- Touchdown weight bearing
- Partial weight bearing
- Weight bearing as tolerated
- Full weight bearing

MANUAL THERAPY

- Joint mobilization
- Massage
- Soft tissue mobilization

MODALITIES

- Cold packs
- Contrast bath
- Electrical stimulation
- Hot packs
- Iontophoresis
- Laser therapy (LLLT)
- Phonophoresis
- Ultrasound
- Whirlpool
- As indicated

THERAPEUTIC EXERCISE

- Passive ROM
- Active assisted ROM
- Active ROM
- Isometric strengthening
- Isotonic strengthening
- Isokinetic strengthening/test
- Home exercise program
- Posture education
- Back school
- Neuromuscular re-education
- Dartfish analysis
- Other _____

RETURN TO SPORT

- Baseball and softball
- Basketball
- Dance
- Diving
- Football
- Gymnastics
- Running
- Soccer
- Swimming
- Tennis
- Track and field
- Volleyball
- Wrestling
- Other _____

Frequency: _____ a week

Duration: _____ weeks

Physician's signature

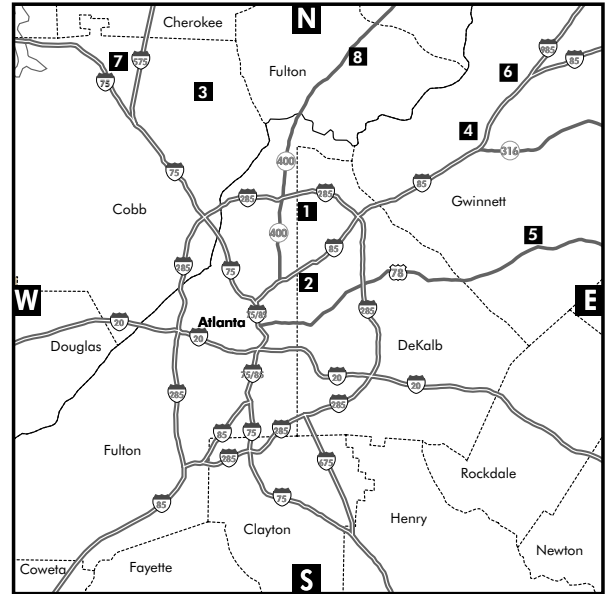
Children's Sports Medicine Program Locations

1. Children's Healthcare at Meridian Mark**
5445 Meridian Mark Road NE, Suite 290, Atlanta, GA 30342-4735
404-785-5699
2. Children's Healthcare at North Druid Hills*
1605 Chantilly Drive NE, Suite 200, Atlanta, GA 30324-3269
404-785-8421
3. Children's Healthcare at Sandy Plains*
3618 Sandy Plains Road, Suite 100, Marietta, GA 30066-3020
404-785-8316
4. Children's Healthcare at Satellite Boulevard**
2660 Satellite Blvd., Duluth, GA 30096-5803
404-785-8387
5. Children's Healthcare of Snellville**
2220 Wisteria Drive, Snellville, GA 30078-2656
404-785-8081
6. Children's Healthcare of Suwanee**
3640 Burnette Road, Suwanee, GA 30024-2191
404-785-8910
7. Children's Healthcare at Town Center**
2985 George Busbee Parkway, Kennesaw, GA 30144-6812
404-785-8008
8. Children's Healthcare at Webb Bridge**
3155 North Point Parkway, Building A, Suite 100, Alpharetta, GA 30005-5481
404-785-8570

*A service of Children's at Egleston

**A service of Children's at Scottish Rite

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Register Online

Your child's doctor has recommended physical therapy rehabilitation through the Children's Sports Medicine program. Visit www.choa.org/sportsregistration to register for an appointment.

After you submit your child's information through the Children's Sports Medicine Web site, a staff member will contact you to schedule an appointment and answer any questions.