

FOUNDATION



Children's®
Healthcare of Atlanta

Sample Lunch 'n Learn Topics

Raising a child is the most rewarding, but perhaps the hardest thing you'll ever do. That's why Children's Healthcare of Atlanta is committed to providing families with the resources they need to prevent illness and accidental injury whenever possible. As a benefit to our corporate donors, our advocacy and clinical staff will present various topics to your employees for 30-45 minutes during the lunch hour.

To schedule a Lunch 'n Learn session or quarterly series, please email [Jai Rogers](mailto:jai.rogers@childrenshca.org) or call 404-785-7313.

Health

- Healthy Eating Tips for Children - Food and Nutrition
- Asthma Management – The #1 reason children are admitted to Children's.
- Type 2 Diabetes Prevention Program
- First Aid – Allergic reaction, nosebleeds, seizures, etc.
- Choosing a Doctor
- Common Conditions: Colds, Fevers, Ear Infections, Chicken Pox
- New *Healthy Steps Program* for at-risk Latino families

Safety & Injury Prevention

- *Safe Kids of Georgia* Program to increase awareness of motor vehicle accidents, drownings, falls, poisoning and unintentional shootings
- Child Protection Center – Promotes the well-being of children through prevention and identification of maltreatment
- *Project S.A.V.E.* (Sudden Cardiac Death: Awareness, Vision for Prevention and Education)
- Home, Sports & Recreation and Seasonal Safety
- Car Seat Safety

Education

- *Reach Out and Read* Program – Early literacy for at-risk families at Primary Care Centers
- Health and Safety Tips for Teen Boys and Girls

Children need Children's and Children's needs You®