



SAFETY IS OUR TOP PRIORITY

Children's Healthcare of Atlanta is committed to patient safety. We ask all patients, families, visitors and staff to follow safety measures to help prevent falls and to provide a safe and comfortable environment.

Here are some things you can do to partner with us to help prevent falls:

- Keep an eye on your child at all times, even if your child is a baby.
- If your child is in a crib:
 - Keep the crib rails in the highest position and locked in place when in use. Most babies start to roll over as early as 2 to 3 months old and could fall from the crib if the rails are not pulled up all the way.
 - Place your baby in their crib when you feel sleepy or plan to go to sleep.
 - Place your baby in their crib when you are in the bathroom and shower.
- If your child is in a bed:
 - Keep the bed rails in the highest position and locked in place when in use.
 - Keep the bed itself close to the ground in the lowest position.
- Have your child wear shoes or non-skid socks when walking. It is okay to ask for non-skid socks if you do not have some or if your child needs a new pair.
- **We encourage you to call our staff for help at any time**, especially when getting your child in and out of bed:
 - Some medicines have side effects that may cause your child to feel dizzy or weak.
 - Tubing, equipment, toys and other items in the room may get in the way of walking.
- Help your child:
 - To and from the bathroom and while walking at other times.
 - During showers and other activities that require a lot of standing.
- Do not let your child:
 - Use I.V. poles, tray tables, wheelchairs or any other objects that can move to help steady themselves. These items have wheels and could roll away from them.
 - Stand, jump or climb on bed or furniture.
- **Let the nurse and/or tech know if you must leave the room for any reason.**
- Talk with your child's nurse if you believe your child is at extra risk for falls. They may place a special "Fall Risk" band on your child's wrist and a sign on the door to make sure the care team knows this.

Thank you for partnering with us to help prevent falls.

This teaching sheet contains general information only. Talk with your child's doctor or a member of your child's healthcare team about specific care of your child.

In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.